

2013
ANNUAL
REPORT



New day. Fresh hope.
TOGETHER, WE'RE CREATING SURVIVORS.



HEART &
STROKE
FOUNDATION

**MAKE
HEALTH
LAST**

FROM OUR CEO

We're blazing a bold new path to
**CREATE EVEN
MORE IMPACT**

Thank you. Whether you're a donor, volunteer, supporter or partner, you helped the Heart and Stroke Foundation improve the health of thousands of Canadian men, women and children in 2013.



David Sculthorpe, CEO, Heart and Stroke Foundation of Canada, with his wife, Patricia.

Thanks to you, we were able to touch thousands of Canadians and make a tangible difference in their lives this year, despite challenges to our revenue growth.

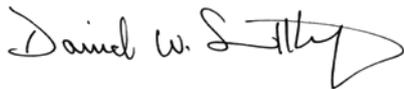
Our successful Make Health Last™ campaign inspired Canadians to take charge of their health. Many took our free online Risk Assessment, adding to the hundreds of thousands who have already used this tool to understand their risk factors and how to reduce them.

The Foundation entered into an unprecedented \$300-million, 10-year commitment to fund peer-reviewed research across Canada. A historic endeavour, this initiative makes a proud statement that we're committed to funding best-in-class research over the long term.

And 2013 will long be seen as a turning point in the Foundation's history, as we unveiled our first national strategic plan. On page 4 you'll see the plan's ambitious goals and how we will work toward them by preventing disease, saving lives and promoting recovery.

This strategic plan brings with it a new age of accountability, committing us to rigorously track our progress to ensure that your donations generate the greatest possible impact.

With your support, we will significantly reduce the rate of death from heart disease and stroke and improve the health of Canadians by decreasing their risk factors — that's our promise to you.



David Sculthorpe
Chief Executive Officer

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Your support makes things happen

SOME 2013 HIGHLIGHTS WE ACCOMPLISHED TOGETHER



Volunteers including those pictured on this page keep the Foundation's heart beating.

Committed \$300 million over 10 years to fund long-term research

at leading universities and hospitals, to fast-track discoveries into vital life-saving programs, treatments and prevention. The Heart and Stroke Foundation is the largest contributor to heart disease and stroke research in Canada after the federal government.

Engaged more than 160,000 school children in healthy living activities

through fun, interactive programs, to start them on the path to eating well and being physically active every day.

Empowered more than 240,000 people to make healthy changes

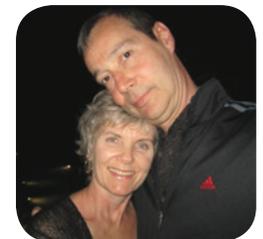
using our free eTools at heartandstroke.ca/ehealth. They logged on to assess their risk of heart disease and stroke, manage their weight or blood pressure, and more.

Helped reduce the smoking rate to an all-time low

of 16 per cent in Canada (from 29 per cent 15 years ago) through public education, long-term partnerships and advocacy.

Taught almost 450,000 Canadians to save a life.

Our training in CPR (cardiopulmonary resuscitation) reaches healthcare providers and first responders as well as ordinary Canadians, in languages including Mandarin and Punjabi, providing the skills and confidence to respond to a cardiac emergency.



Our new roadmap TO THE FUTURE

Making It Happen Together is the Foundation's first national strategic plan, unveiled in 2013 and now guiding every step we take. It's based on extensive background research and in-depth consultation with healthcare experts as well as survivors, donors, volunteers and employees. They ultimately all answered one question: "Where can we have the biggest impact?"

The plan is crafted to deliver on our promise to Canadians — to be here for them, tangibly improving their health. It sets out two measurable goals that will lead us to our vision of healthy lives free of heart disease and stroke:

- To significantly improve the health of Canadians by decreasing their risk factors for heart disease and stroke by 10 per cent, by the year 2020; and
- To decrease the rate of death from heart disease and stroke by 25 per cent, also by 2020.

From these two ambitious goals, everything flows, starting with the mission priorities through which we'll achieve those goals: **preventing disease**, **saving lives** and **promoting recovery**. As we develop specific initiatives, we'll hold ourselves accountable at every step, track our progress and report back to you.

Can we reach our goals? Only with your support.

Considering we've helped reduce the death rate from cardiovascular disease by 75 per cent since the Foundation was created in 1952, we're confident that together, we can achieve these new goals.

See the full plan at heartandstroke.ca/strategicplan.

Our mission

The new strategic plan aligns the Foundation's work under these three priorities.

**PREVENT
DISEASE**



**SAVE
LIVES**



**PROMOTE
RECOVERY**





Vicki and her family.

“I’M THANKFUL I DIDN’T HAVE A CARDIAC EVENT BEFORE I MADE THIS CHANGE.”

How you helped VICKI AVOID A STROKE...

Vicki Olatundun felt on top of the world after giving birth to her second child. Then on a post-baby visit, a public health nurse checked her blood pressure — and called an ambulance. The reading put Vicki in immediate danger of stroke. Shocked, she spent five days in hospital and came home determined to tackle her health — starting with her weight. She tried many diets but nothing worked. Then she found our <30 Days Challenge mobile app, one of several Foundation eTools that help Canadians reduce their risk of heart disease and stroke. The app guides people to healthier habits in small steps.

“I didn’t feel pressured to lose 10 pounds in two days,” Vicki says. She just followed the daily tips, like drinking more water or adding a serving of fruit. It worked, helping her drop 90 pounds over 2013 and get her blood pressure into a healthy range. “I’m thankful I didn’t have a cardiac event before I made this change,” she says. Her only regret is that she can no longer play a favourite family game called “Shake like jelly on a plate.” “I always used to win — everything shook. Then my son said to me, ‘Mommy you can’t play! You don’t have that big tummy anymore.’”

ALSO IN
2013

You **boosted First Nations health** through programs in more than 30 communities, empowering Aboriginal people to reduce their risk of heart disease and stroke, which is two to three times higher than that of the general population.

You **increased physical activity** through Heart&Stroke Walkabout™, which has touched more than 11,000 Nova Scotians and motivated 1.9 billion steps over six years. About 85 per cent of Canadians are not active enough, putting them at risk of heart disease and stroke.



YOUR COMMITMENT HELPS US PREVENT DISEASE

Eighty per cent of premature heart disease and stroke can be prevented. That's why we partner with Canadian families to promote healthy behaviours among children, youth and adults and help make healthy choices easy choices.



and invested in your CHILDREN'S HEALTH

Do you want to know how your children and grandchildren could avoid heart disease and stroke? So do we. And this year we took a giant step closer to those answers with the launch of a study that will track the health of more than 10,000 Canadians over many years, to learn why some develop heart disease, stroke and cancer while others don't. Our advocacy made this crucial project a reality, persuading Ottawa to contribute \$14 million through the Canadian Partnership Against Cancer. We strengthened the research investment with a \$2 million contribution. This is frontier research, aimed at revealing the root causes of chronic disease, including ethnicity, environment and lifestyle factors.

You **targeted high blood pressure** — the number one risk factor for stroke and a major risk factor for heart disease — through programs reaching more than 40,000 Canadians, including screening for high blood pressure plus help to manage it.

You supported research demonstrating that individualized lifestyle coaching can **successfully reduce cardiovascular risk**. Participants in the ANCHOR study, led by Dr. Jafna Cox of Dalhousie University, lowered their risk by up to 25 per cent.

How you gave one woman HER FUTURE BACK...

Dr. Frank Silver knew what the CT scan images meant for the patient on his computer screen: a devastating brain stem stroke that could leave her paralyzed from head to toe — if she survived. The 32-year-old woman lay in an emergency room in Barrie, Ont., 100 kilometres from Toronto Western Hospital, where Dr. Silver was helping to diagnose her by video link. A stroke neurologist, he was on call that day for Ontario's Telestroke program, a system he pioneered with Heart and Stroke Foundation support, to get emergency care to patients far from major urban centres.

Dr. Silver advised the ER physician to start immediate treatment with the clot-busting drug tPA, which can significantly reduce the impact of a stroke if it's administered within a few hours of onset. When the woman arrived at Toronto Western 90 minutes later by ambulance, the clot in her brain had dissolved. She has since made a full recovery. Without Telestroke, Dr. Silver says, "By the time she got here, the damage would have been done." The Foundation is working to get Telestroke integrated into coordinated systems of stroke care so more patients can benefit, through our leadership role in the Canadian Best Practice Recommendations for Stroke Care.



**"BY THE TIME
SHE GOT HERE,
THE DAMAGE
WOULD HAVE
BEEN DONE."**

— Dr. Frank Silver

ALSO IN
2013

You **enhanced understanding of heart attack in women**, through research led by McGill University's Dr. Louise Pilote which showed that one in five women under 55 do not experience chest pain with a heart attack.

You **provided up-to-date evidence and tools** to guide healthcare professionals in treating and managing the estimated 50,000 strokes that occur in Canada each year — through the Foundation-led *Canadian Best Practice Recommendations for Stroke Care*.

and let Dave meet HIS GRANDDAUGHTER

Call it fate or foreshadowing, but Dave Stuckey made an eerie joke when he said he would be the first person to need the automated external defibrillator (AED) he got the Foundation to install two years ago at the George Hawkins Memorial Arena in Twillingate, Nfld. In February Dave, the arena's manager, was playing hockey when he experienced chest pains. Then the 50-year-old passed out with no pulse. His teammates sprang into action. One administered cardiopulmonary resuscitation (CPR) while another retrieved the AED. They used it to shock him six times.

Dave regained consciousness in an ambulance. He was airlifted to St. John's where doctors put a stent in his blocked artery. Today Dave feels better than ever. "I'm exercising, walking on the treadmill, watching my diet and I'm playing hockey again." The AED is back on the wall. Dave looks at it with gratitude every time he walks through the arena's doors.

You **increased someone's chance of surviving cardiac arrest** by adding 1,150 life-saving AEDs to our network (now totalling 6,500), with support from partners including Boston Pizza Foundation and The Cowan Foundation.

YOUR GENEROSITY HELPS US SAVE LIVES

Close to 70,000 Canadians die each year from heart disease and stroke — one every seven minutes. We work to save more of those lives by enabling faster, better cardiac and stroke emergency response and treatment.



Dave with his granddaughter Lily-Marie, born in November, 2013.



You supported successful advocacy that will **save even more lives**, through a new \$10 million federal initiative led by the Foundation that will increase access to AEDs by placing a further 2,000 in hockey arenas and recreation centres across Canada.



Michelle with her family (top);
Jo-Anne at her gym.

How you gave new hope to MICHELLE AND JO-ANNE...

Michelle Weiss-Mess was glad to leave hospital after a stroke at 46. But back home in Hinton, Alta., population 10,000, she felt increasingly alone. Then her occupational therapist suggested she take part in the first online pilot of the Foundation's Living with Stroke™ program. Logging on weekly from her living room, Michelle loved the modules on depression, physical disability, nutrition and relationships. Equally important, she cherished her conversations with other survivors. "It helped me understand the varying degrees of stroke. Others had issues with being able to eat and talk whereas my struggles were more physical... we helped each other."

Jo-Anne Swanson had made sweeping changes after a heart attack at 44 — leaving her corporate job, quitting smoking and becoming so engrossed in exercise, she bought the gym where she worked out. But still, she found few people understood what she'd been through — or her anxieties about the future. Then she joined the Foundation's Parlons Cœur Outaouais, a new support group in Gatineau, Que., for heart disease survivors and their families. At the monthly sessions she's heard speakers ranging from a dietitian to a cardiologist talk about nutrition, exercise and more. For Jo-Anne, the group is one of the few places where she can talk about recovery and setbacks. "Life is fragile," she says. "Even after eight years, I feel that sometimes we need to be reminded that we should take extra good care of ourselves."

ALSO IN
2013

You **helped more than 600 stroke survivors** and caregivers who participated in our interactive, community-based Living with Stroke program, to develop skills and confidence to manage the challenges of stroke.

You **championed better understanding of stroke recovery** by supporting the Heart and Stroke Foundation Canadian Partnership for Stroke Recovery, the leading research partnership in the world dedicated to rehabilitation and recovery.

Logan with Dr. Adam Kirton.



YOUR SUPPORT HELPS US PROMOTE RECOVERY

An estimated 1.6 million Canadians live with the effects of heart disease and stroke. We work to enhance support that improves their quality of life and reduces their risk of further health problems.



and helped Logan's DREAM COME TRUE

Eight-year-old Logan came into Dr. Adam Kirton's stroke rehab camp determined to do one thing: hold his lightsabre with two hands. The camp, held in the Alberta Children's Hospital with research funding from the Foundation, helps kids who are recovering from perinatal stroke. Ranging in age from six to 18, participants join in fun activities from sports to cooking to video games, to improve coordination. Each child sets his or her own goal — tying shoes, buttoning a coat, putting hair in a pony tail.

Through the camp, Dr. Kirton is researching the benefits of brain stimulation and mapping brain function to better understand recovery. He's also investigating whether a makeshift cast or sling on the good arm can help the weak arm do better. Over the program's four years, Dr. Kirton has seen a total of 45 participants make progress — many reaching their goals. Plus, he adds, "Often, they've never met another kid with the same disability, so they bond and gain confidence." And Logan? He got that lightsabre swinging.

You **helped get more stroke survivors moving** by supporting the work of researchers like Dr. Jayne Garland of the University of British Columbia, who is using muscle strength rehabilitation to help people regain mobility after stroke.

You **supported pioneering research on cardiac arrest recovery** by Dr. Nora Cullen of the University Health Network. The goal is better care and quality of life for survivors of the estimated 40,000 arrests that occur each year in Canada.



Doug Clement with his wife, Diane.

Thank you to OUR BOARD OF DIRECTORS

With a steady hand and a focus on impact, these leaders steer our course toward the vision of healthy lives free of heart disease and stroke. Coming from diverse communities across Canada, they give generously of their time, expertise and passion for health, exemplifying the dedication of all Heart and Stroke Foundation volunteers.

Doug Clement CM, MD, Chair, Heart and Stroke Foundation of Canada

Mark Andrews BComm, JD

Guy Beaudin MBA, PhD

Denis Berthiaume FCIA, FSA

Andrew W.W. Cockwell BA (Hons), LLB

Barry Cracower MBA, ICD.D

Charmaine Crooks CM

Amar S. Doman

Regis Duffy CM, OPEI, PhD

Marc Filion MBA

Anthony F. Graham CM, MD

Colleen Johnston FCPA, FCA

Roderick J. McKay FCA

Lisa Meeches

Ovide Mercredi OM, LLB

Irfhan Rawji MBA

Jonathan Ross BBA, PFP

FROM OUR CHAIR: *The time is now*

As a physician and a stroke survivor, I'm so encouraged by the programs and resources the Foundation has developed that empower Canadians to take care of their health. Pairing these with our investment in world-class research, we're going to impact Canadian families like never before.

The time is now. There's a stronger emphasis on prevention and lifestyle change that's gaining momentum. I also see lifestyle education and strategic legislation playing more important roles in combatting heart disease and stroke.

With groundwork by the board, we're poised not just to support these movements but to lead them.

— **Doug Clement** CM, MD

FINANCIAL REPORT:

How your donations help

2013 was a year of transition and growth for the Foundation. Your support made possible important successes, such as:

- Bringing together 6,700 health professionals for Canada's first vascular health conference, leading to knowledge exchange that will improve prevention and treatment of heart disease and stroke.
- Advocacy that helped persuade the Alberta and Ontario governments to ban flavoured tobacco products that target youth — reducing their risk of disease.
- Accelerating life-saving discoveries by pledging \$300 million in critical multi-year funding for research at leading institutions.

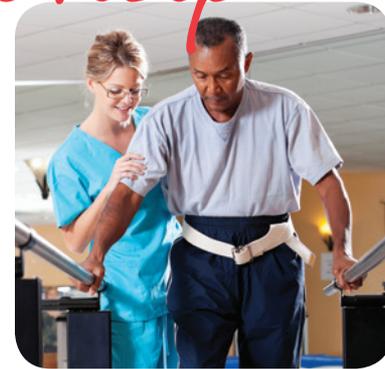
We logged these milestones despite an environment of change that posed fundraising challenges, and competition that saw our lottery revenues dip slightly.

We made important investments in 2013 that will pay dividends for years

to come. Our new strategic plan lays the groundwork for us to make an even greater impact on the health of Canadians. While our research investment was lower than in 2012 — mostly because of the completion of a one-time government grant of \$7 million — we leveraged our strategic research investment through partnerships to create six times the value, funding more research that will ultimately prevent disease and save lives.

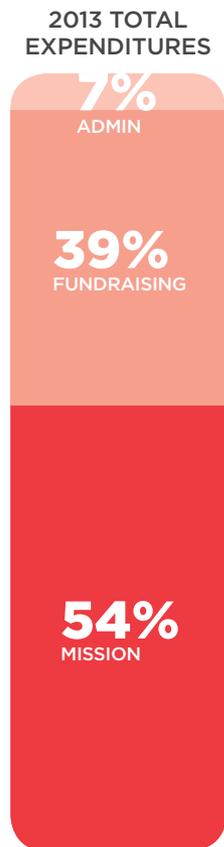
Investing your donations responsibly is integral to who we are. For every dollar we invested, 54 cents went to our mission and we held our administrative costs to just 7 cents. These are distinct from our fundraising costs, which accounted for 39 cents of every dollar. (Fundraising costs exclude the Foundation's lottery operations, which use no donor dollars.)

Every gift, regardless of size, helps us tangibly improve the health of Canadian families every day.



Your dollars at work

HOW WE INVEST TO CREATE RESULTS



Every donation to the Heart and Stroke Foundation has a direct effect on the programs and research we fund to tangibly improve the health of every Canadian family, every day. Here's how.

MISSION

The Foundation's Mission is divided into:

Health promotion: Programs that empower Canadians to reduce their risk of heart disease and stroke, and that support the 1.6 million Canadians living with heart disease and stroke.

Research: Direct grants to nearly 1,500 researchers across Canada to advance discoveries that will help prevent disease, save lives and promote recovery.

FUNDRAISING

Includes community-based fundraising programs, direct response and digital marketing, major gifts and corporate partnerships. Lotteries are not included as they are self-funded and do not use donor dollars.

ADMINISTRATION

Includes staff and resources that support Foundation operations across Canada.



The Heart and Stroke Foundation is a member of Imagine Canada.™ Imagine Canada sets the standards for charitable organizations in managing and reporting their financial affairs. As a member, the Heart and Stroke Foundation of Canada follows Imagine Canada's ethical guidelines as outlined at heartandstroke.ca.

STATEMENT OF FINANCIAL POSITION

FOR THE YEAR ENDED AUG. 31, 2013

ASSETS

Current assets

	August 31, 2013 (in \$ thousands)	August 31, 2012 (in \$ thousands)
Cash and cash equivalents	37,771	66,328
Accounts receivable	4,414	4,686
Inventory	1,935	1,928
Prepaid expenses	1,363	970
	45,483	73,912
Investments	71,399	73,464
Capital assets	4,980	5,528
Pension asset	719	-
	122,581	152,904

LIABILITIES AND NET ASSETS

Current liabilities

Accounts payable and accrued liabilities	13,727	14,702
Research awards payable	44,104	61,177
Deferred revenue	7,953	11,020
	65,784	86,899
Deferred revenue	7,728	4,460
Lease inducement and rent allowances	2,291	2,474
Pension liability	-	3,022
	75,803	96,855
Net assets		
Unrestricted	7,605	8,239
Internally restricted	35,588	44,496
Endowments	3,585	3,314
	46,778	56,049
	122,581	152,904

STATEMENT OF OPERATIONS

FOR THE YEAR ENDED AUG. 31, 2013

	2013 (in \$ thousands)	2012 (in \$ thousands)
REVENUES		
Fundraising revenue		
Community-based programs	53,424	56,496
Direct marketing	20,548	21,594
Corporate sponsorship	9,078	11,925
Health promotions	5,815	7,767
Major gifts	27,176	26,249
	116,041	124,031
Lottery	70,785	75,761
	186,826	199,792
Government sponsored projects and grants	7,290	10,512
Investment income	3,863	4,346
Other	24	494
	11,177	15,352
Total revenues	198,003	215,144
DIRECT COSTS		
Fundraising	21,099	22,938
Lottery	54,653	52,072
Other	-	490
	75,752	75,500
Revenue before operating and mission expenses for the following		
Fundraising	94,942	101,093
Lottery	16,132	23,689
Government, investment, and other	11,177	14,862
	122,251	139,644
OPERATING EXPENDITURES		
General fundraising	33,030	32,869
Administration	10,604	6,639
	43,634	39,508
Funds available for mission	78,617	100,136
MISSION EXPENDITURES		
Research	38,180	50,425
Health promotion and community programs	53,269	56,771
	91,449	107,196
Net expenses for the year	(12,832)	(7,060)

OUR PARTNERS: *Committed to caring*

Many of our corporate partners don't just support our cause — they live it, encouraging their staff, customers, competitors and all Canadians to make changes for better heart health. They've become so involved with the Foundation's mission, healthy living has become an integral part of their identity.

For example, **Egg Farmers of Canada** and **Canadian Lentils** are helping us help Canadian families serve up healthier meals in order to lower their risk of heart disease and stroke. The two organizations supported the Foundation's recent national Time to Start campaign, which encourages families to eat healthier breakfasts, lunches and snacks. Thanks to their support, healthy eating info reached almost three million Canadians coast to coast, while 136,000 people entered the contest to win grocery gift cards.

Boehringer Ingelheim, Bayer HealthCare and the **Bristol-Myers Squibb/Pfizer Alliance Canada** never missed a beat in supporting the Foundation's national Be Pulse Aware program, aimed at making more Canadians aware of atrial fibrillation (AF). This irregular heart rhythm can raise

someone's risk of stroke by three to five times. With their support, our Be Pulse Aware booth at popular public events educated more than 20,000 people about AF, screening most of them with pulse checks. If an irregular pulse was detected, they were encouraged to see their doctor.

Across Western Canada, **Safeway** and its employees have shown generosity that could fill a shopping cart! Staff got behind its employee giving program and enjoyed friendly competition in Jump Start, a wellness program where employees earned points for demonstrating a healthy, active lifestyle. The Calgary office was the winning team and designated the Heart and Stroke Foundation as the recipient of its top prize of \$20,000. Safeway also carries dozens of products with our Health Check™ symbol.



Canadians learned about atrial fibrillation at our Be Pulse Aware booths.

OUR PARTNERS:

Investing to save more lives

Our corporate partners want a healthier Canada — and they're investing to build it by supporting our efforts to prevent disease, save lives and help survivors recover faster. The national partners below each gave \$100,000 or more in 2013. The list at right includes all our national partners.



\$500,000 – \$999,999

Chatelaine
Unilever Canada Inc.

\$250,000 – \$499,999

The Cowan Foundation
Dairy Farmers of Canada
Desjardins Insurance
Mercedes-Benz Toronto Corporate Stores

\$100,000 – \$249,999

Bayer HealthCare
Boehringer-Ingelheim Canada Ltd.
Boston Pizza Foundation
Bristol-Myers Squibb/Pfizer Alliance Canada
Danone
Medavie Blue Cross
Post Shredded Wheat

\$50,000 – \$99,999

AstraZeneca
BMO Bank of Montreal
Canadian Lentils
CanolaInfo/Canola Council of Canada
Egg Farmers of Canada
Goldcorp
Hamilton Beach Brands Canada, Inc.

National Hockey League Players' Association
(NHLPA)

Pacific Newspaper Group/Vancouver Sun
Pfizer Canada Inc.
The Printing House
ZOLL Medical Canada Inc.

\$10,000 – \$49,999

Alberta Innovated Health Solution
Aviva Canada Inc.
Campbell Company of Canada
Canada Safeway Ltd.
Canada Wide Media/BC Business Magazine
Canadian Stroke Network
CanWel Building Materials
Cargill Limited
Ches Crosbie Barristers
Colby Red
ConAgra Foods Canada Inc.
Craftsman Collison
CTV
Danier Leather Inc.
Del Monte Canada
Deloitte & Touche LLP
Dole Canada
Extreme Pita
Fortinos

General Mills Canada Corporation
Giant Tiger Stores Limited
Goodlife Fitness Canada
Laerdal Medical
Leavitt Machinery
Lenovo
Leon's Furniture Limited
Manitoba Canola Growers Association
Manitoba Liquor and Lotteries
Medtronic of Canada Ltd
New Gold Inc.
Nortons Jewellers
Oliveraies Stavropoulos
The Ontario Produce Marketing Association
Qualico
Philips Healthcare
Precision Drilling Corporation
Raleigh Canada Ltd.
RBC Royal Bank
Scotiabank
Servier
Silver Wheaton
Sporting Life
Sun-Rype Products Ltd.
TELUS
Wynn Fitness Clubs

THANK YOU TO OUR

Caring Hearts Circle

We are profoundly grateful to all our donors – each person and group who supports our cause. You are all members of our Caring Hearts Circle in recognition of your generosity, which fuels our life-saving work.

Lifetime members

These extraordinary individuals and organizations have given \$25,000 or more cumulatively by Aug. 31, 2013, enabling us to achieve sustained impact.

\$1 million or more

All Charities Campaign
Jean Irene Gorwill
HealthPartners
Ernest and Lillian Hiller
The Kolstad Fund at the Calgary Foundation
Manitoba Hydro Employees Charitable Donations
Provincial Employees Community Services Fund
Irfhan Rawji*
RBC
Canada Safeway
TELUS

\$500,000 - \$999,999

Andrée Bédard
Caisse de bienfaisance des employés et des retraités du CN/Canadian National Railway Employee Fund
Mrs. Elizabeth Ellenor Cunningham Fund
Arthur Elias
Federated Insurance
The Goodman Family Foundation

Government of Canada Workplace Campaign
Alan James Harris
Colleen and Brian Johnston*
David Price Jones
George H. McKeag Fund
John Egerton McComb
Gertrude and LeRoy Rellinger
Mossie Mary Smart
Rose Mary Stone
The Winnipeg Foundation
Christine Zinck

\$250,000 - \$499,999

3 D Petroleum Ltd.
The Paul Albrechtsen Foundation Inc.
Clara May Andrews
ATCO Gas
Boehringer Ingelheim (Canada) Ltd.
City Of Winnipeg Employees' Retirees' Charitable Fund
Jean Bernice (Bunny) Cowan
Olivia Sotto Cruz
Robert Victor Day
Amar and Natallie Doman
Doris Mary Fanshaw
Elizabeth Beatrice Fulwell
Chick and Mitch Gurvitz*
Hazel Ruth Hatcliffe
Merle A. Lamb
Joseph F. Lehman
Donald and Marjorie Lenz
Lewis MacDonald Endowment Fund

at the Vancouver Foundation
Maritime Electric Company Ltd.
John Matthew
Catherine and Maxwell Meighen Foundation
Maurine D. Nowicki
Pfizer Canada Corporation
RioCan Real Estate Investment Trust
Herbert John Ritchie
Clifton Graham Roberts
James T. Russel Memorial Fund
Marguerite Schreiner
Scotiabank
Benjamin Frederick Smith
John Wesley Smyth Memorial Fund
Herbert Stauffer
TD Bank Group
Katie Townsend
Mabel Treverton
The University of Manitoba Financial Services
Ida Wiens
And one anonymous donor

\$100,000 - \$249,999

Air Canada Employee Fund
Airtech Heating & Air Conditioning Ltd.
Ellen Doris Alford
Murray Barnes Anderson
AstraZeneca Canada Incorporated
Jean-Claude Blanchet*
Wilma Edith Blocher Fund
R.A.N. Bonnycastle

Jacob Bottinga
Jean-Arthur Bouchard
Francis Bowers*
Christina Hay Bowie, Charlotte Alvis Bowie, Ann Wilson Gibson Memorial Fund
John and Judy Bragg
Bristol Aerospace Limited Employee Fund
Peter A. Campbell
Canada Wide Media
Cargill Employee Voluntary Charities Fund
Peter Collins
Walter Allan Cope
Jack Lewis Crain
Mr. Daljit S. and the late Mrs. Pritam K. Dhillon and Family
Marjorie Evelyn Duncan
Barbara Daphne Durno
Encana Cares Foundation
William Henry Samuel Engelke
Andrew Faas
Elmer L. Ferguson
Wayne and Isabel Fox
Gaetano and Guiseppina Gagliano and family
Garnison de Valcartier (fonds des employés)
Dorothea B. Getschel
Samuel H. Gilfix Endowment Fund
Alphonse Francis Granier
Robert Grant Smith

The Great-West Life Assurance Company
 John Grot Memorial Fund at the Vancouver Foundation
Theresa Haggerty
 Elizabeth Hamilton*
Fortuna Herzog
 Florence and Hedley Hipwell Fund at the Vancouver Foundation
George Francis Ingram
 Mary C. Jordan
Maria Johanna Alexandria Kerkhof
Leah Kessler
Allan Roy Kimball
Natalie Eileen Kolasa
Clarence George Lange
 Jeanne Laperrière*
Ruth Ursula Leipziger
 Evelyn Lettice
 Marilyn Lew*
 Marie Simonne MacKintosh*
 Leah Mandell
 Manitoba Health & Family Services and Housing
 Manitoba Telecom Services
 Manitoba Telecom Services Employee Charity Trust
 Manulife Financial
Frederick Edward Marlow
Norma Caroline McAlpine
 Christopher McCulloch
Wilfred Whyte McCutcheon
Helen Johnstone Mears
 Edmée Métivier*
 Susan and Wayne Mew Foundation
Clarke H. Mills
 Lydia Dorothea Minaty Memorial Fund at the Vancouver Foundation
 Rolly Montgomery
 Connie and Stanley (Bus) Muton Memorial Fund
Phyllis Newton
 Mary Eleanor Odger*
 Ontario Public Service Federated

Health Charities Campaign
 Jack and Lois Shirley O'Regan Charitable Foundation
 Mary O'Regan
Larry Palamarchuk
Theresia Paul
 PHAC – Public Health Agency of Canada
Anne Marie Renaud
Mary Margaret Riley
 The Edward W. and Dorothy Rogers Fund at the Vancouver Foundation
 Richard E. Rooney
 Lewis J. and Pearl C. Roth Memorial Fund
 Margaret Rothweiler Charitable Foundation
 Royal Bank of Canada Employee Charity Trust
 sanofi-aventis
Dorothy K. Savelle
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Top photo: Anna survived cardiac arrest thanks to CPR and an AED.

Middle: An AED at his school helped save Brandon's life.

Bottom: After a stroke, Joe had to relearn how to move and do even the most basic tasks.

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Top photo: After a stroke at 69, Marco regained his active lifestyle through hard work, rehabilitation and support.

Bottom left: April and her son Andrew share a heart condition. She hopes research will make his life easier.

Bottom right: Kristen had successful open-heart surgery at six months; now she's a healthy four-year-old.



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