



INVITATION TO PARTICIPATE IN A RESEARCH STUDY

Investigating social factors associated with use and acceptance of remote monitoring for blood pressure control in older adults

Who can participate?

To participate, you must meet **ALL** of the following criteria:

- Be 65 years of age or older.
- Live in Canada.
- Have a blood pressure-related condition.
- Have at least four weeks of experience using **remote blood pressure monitoring**.
- Use **digital technologies such as a smartphone, computer, tablet, smartwatch, email, text messaging, or web-based platform to share blood pressure readings**.
- Be able to communicate in English
- Be able to provide informed consent

What does participation involve?

- One-time semi-structured interview (20–30 minutes)
- Online interview conducted via UBC Zoom
- Interviews will be audio-recorded for accuracy.
- Participation requires consent to audio recording.



https://ubc.ca1.qualtrics.com/jfe/form/SV_1Aglm77ZAvHjnLM

Voluntary participation & confidentiality

Participation is entirely voluntary. You may withdraw at any time without consequences. No identifying information will be included in the research data, and all data will be used for research purposes only.

Research Team

Assistant Professor Dr. Charlene Ronquillo

Associate Professor Dr. Hilal YILDIRIM (Visiting Scientist)

Prof. Dr. Kathy Rush

Contact Information

Dr. Hilal YILDIRIM

Phone: +1 (778) 581-5155 Email: hilal.yildirim@ubc.ca and frat.hilal@inonu.edu.tr

Dr. Charlene Ronquillo

Phone: 250-807-8336 (please leave a voicemail with your contact information)

Interested individuals can contact the research team by email, telephone, or by scanning the QR code/link to access the study information and consent form.