

Caring Across Generations: Information Letter

Greetings!

A research team from the University of Toronto is studying the experiences of multiple caregivers living in Canada. We are specifically interested in multiple caregivers who care for people with different care needs (e.g., a child and an adult with a disability or a child and a senior) rather than multiple caregivers who care for people with the same care needs (e.g., a parent caring for multiple children). This research will be invaluable for developing solutions to the provision of care in Canada.

If you are a multiple caregiver and interested in participating in an interview about your caregiving experience, please fill out the pre-screening survey for the study.

The survey should take less than 5 minutes to fill out.

<https://forms.cloud.microsoft/r/FM149aqGPQ>

After filling out the survey, you may be contacted to schedule a phone or video (Zoom) interview. During this interview, you will be asked to share about your experience as a caregiver, what a typical weekday looks like for you, the impacts of your care responsibilities, and what government support might make these easier. The risk involved is minimal; however, some topics may be emotionally challenging to discuss. You can decline to answer any question(s). You can choose to stop the interview at any time. If you do so, you can decide how we handle the data collected up to that point (deleting it or using the data collected up to that point). If you decide to withdraw from the study, we will delete the interview transcript and research notes taken during the interview process. No personal, identifiable information will ever be shared or published in any research papers from this study. The recording of the interview will only be seen and heard by the University of Toronto research team.

In order to protect your confidentiality, the interview transcription will be assigned a pseudonym (fake name) and will be stored in password-protected folders and computer. For more information about this research project, you can contact the research team by emailing the project's lead research assistant, Kayla Benjamin (k.benjamin@mail.utoronto.ca). You may also learn more about the project at <https://cgsp-cpsm.ca/projects/caring-across-generations/>.

This research has been approved by the University of Toronto Human Research Ethics Board (Protocol #00048651). If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, you may contact Dean Sharpe in the University of Toronto Office of Research Services: dean.sharpe@utoronto.ca

Your participation in this study is completely voluntary, and you can decide to withdraw from the study at any time. Interviews are expected to be between **45 and 90 minutes** in length.

As a thank you, interview participants will receive a **\$25 President's Choice gift card**.

Thank you for your interest in our research.

Sincerely,

Dr. Erica Di Ruggiero and the Research Team