

## **A Mixed Methods Approach to Assess Acceptability of Programs to Support Preparedness of Caregivers of Older Adults after Stroke**

**Location:** Canadian

**Description:** Researchers are inviting healthcare professionals experienced in stroke care, as well as family members and friends who provide care to older adults after a stroke, to participate in a nationwide study across Canada. This research aims to understand how acceptable different support programs would be for preparing caregivers for the important role of looking after an older adult following a stroke. Participating involves completing an online survey that should take about 20 minutes. At the end of the survey, participants will have the option to indicate if they'd be willing to be contacted for a future focus group discussion to explore the survey results in more detail.

**Language:** English only.

**Eligibility:**

1. Inclusion criteria for caregivers will be caregivers (i.e., family members, friends, or neighbours) of an older adult after a stroke, living in Canada,  $\geq 18$  years old, and able to read and write in English.

**OR**

2. Eligible healthcare professionals will include nurses, physicians, physical therapists, occupational therapists, social workers, speech and language therapists, dietitians, or psychologists who have experience in providing support for persons with stroke in hospital, transition during home, or in the community. Participants should live in Canada, be  $\geq 18$  years old, and able to read and write in English.

**Participant requirements:** This opportunity involves completing an online survey that takes approximately 20 minutes. Following the survey, participants will have the option to indicate their interest in participating in a one-time focus group discussion lasting up to 90 minutes. These focus groups will be held either online via Zoom or in person at the University of Alberta in Edmonton, Alberta, depending on the participant's preference.

**Institution:** University of Alberta

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