



2025/26

**Heart & Stroke
New Investigator Award**

Submission Guidelines

(Fall 2024 Competition)

27 June 2024

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A. General Information

Overview Table – 2025/26 Heart & Stroke New Investigator Awards	
Competition launch date	June 27, 2024
Application deadline	September 5, 2024 @ 4:00pm EDT
Award notification date	May 2025
Award start date	July 1, 2025
Value	Heart & Stroke will contribute a maximum of \$180,000 (\$60,000 per year for up to three (3) years) per award recipient.
Duration	Up to 3 years
Application Process	See C.5 Application
Contact	Email: research@heartandstroke.ca
All applicants are strongly encouraged to carefully read and follow the instructions and requirements outlined in this guideline document. The Guidelines are available in both English and French.	

1) New Investigator Awards

The New Investigator (NI) program is a salary award to support new investigators who have demonstrated excellence in their doctoral and post- doctoral training and wish to establish their own independent research career. Salary awards provide an added incentive for researchers to continue or begin their program of cardiovascular or cerebrovascular research within Canada.

2) Application Submission Deadline

Applications for the New Investigator award must be **submitted by 16:00 (EDT) on September 5, 2024**, using the Heart & Stroke’s electronic grant management system (CIRCULink). **CIRCULink** will not accept submissions after this deadline. **Any applications attempted or submitted after the deadline will NOT be accepted. There will be no appeal process to late submissions. It is the applicant’s responsibility** to ensure that a completed application, including letters of support and all required signatures, is submitted online via CIRCULink prior to the deadline.

Applications will not be accepted by email.

Heart & Stroke will decline late or incomplete applications. There will be no appeal process.

3) Incomplete/Unacceptable Applications

All applicants are strongly cautioned to carefully *read* and *follow* the instructions and requirements outlined in this guideline document. All submissions are considered final, No alterations or changes will be accepted.

In order to maintain the principle of fairness to all applicants, regulations *must* be adhered to in the preparation of a *New Investigator* application. *Any* infraction of the rules will lead to the truncation or immediate rejection (**without appeal**) of the application.

Any incomplete applications, applications without required signatures or support letters, and/or applications that do not respect the set-page limitations as noted in this guideline document, will not be admissible to the competition.

4) Re-Applying to the New Investigator Competition

If three (3) unsuccessful New Investigator applications have been made, a subsequent application will be considered only in unusual circumstances.

5) Competition Results

Early notification (not likely to be funded/may or may not be funded/most likely to be funded) may be sent to applicants in early 2025. The release of early notifications is dependent on funding availability and on the timing of peer review. Applicants will be advised of any changes to program milestones via email.

Official/final notifications will be sent to applicants by **the end of May 2025** or an update on notifications will be provided prior to that date.

6) Non-Employee Status

The granting of an award is deemed to establish neither an employer-employee relationship nor a partnership between the grantor and the grantee.

7) Self-Identification Information

All applicants are required to complete the Self-Identification section in [CIRCULink](#) when applying for funding; however, applicants may select “I prefer not to answer” for any or all of the questions, without consequences to the application. This self-identification information will be used by Heart & Stroke for statistical purposes, and will NOT be shared with members of the Selection Committee or Lay Reviewers in an identifiable form. Self-identification statistics will always be reported in aggregate form to ensure confidentiality.

8) Communicating Research to the Public and Donors

Successful applicants need to be aware that the title of their research program and the lay summary will be placed into the public domain or included in Heart & Stroke publications without notification. Applicants are cautioned not to disclose information that could endanger a proprietary position in these sections.

Successful applicants may be asked to help us communicate the importance of research to Heart & Stroke donors and the public. Raising funds to support research is difficult and more than ever we need to let our donors and the public know that their donations are being used to support world class research. Applicants are well-positioned to explain the role of research in increasing heart health and reducing the burden of heart disease and stroke and may be asked to serve as a spokesperson or to work with us to profile their research.

9) Ethical Requirements

By signing and submitting applications to this competition, applicants and their supervisors undertake the responsibility to ensure any experimentation will be acceptable to the institution on ethical grounds and comply with the following guidelines and host institution research policies, as applicable:

- [Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans](#)
- [Good Clinical Practice \(GCP\)](#)
- [Good Laboratory Practice \(GLP\)](#)
- [Canadian Council on Animal Care](#)
- [Canadian Biosafety Standards and Guidelines](#)
- [Guidelines for Human Pluripotent Stem Cell Research](#) (The institution must notify Heart & Stroke as to the results of the review by the CIHR Stem Cell Oversight Committee.)
- [TCPS2 \(2022\) – Chapter 9: Research Involving the First Nations, Inuit, and Métis Peoples of Canada](#)

10) Sex- and Gender-Based Analysis Plus (SGBA+), Equity, Diversity and Inclusion (EDI)

Heart & Stroke is committed to advancing SGBA+ and EDI towards enhancing the specificity, representativeness, rigour and transparency of research and sustaining positive change in the heart and/or brain research ecosystem. The applicants are therefore encouraged to become familiar with the principles

of SGBA+, EDI, and the framework for ethical conduct of research involving Indigenous Peoples (First Nations, Inuit and Métis), with the goal of integrating such principles, if applicable, into future research practice and design.

Equity¹ is defined as the removal of systemic barriers and biases, enabling all individuals to have equal opportunity to access and benefit from the research, with a focus on those bearing a disproportionate burden of disease which includes but is not limited to: women, Indigenous peoples, persons with disabilities, members of visible minorities/racialized groups, and members of LGBTQ2+ communities.

Diversity is defined as differences in race, colour, place of origin, religion, immigrant and newcomer status, ethnic origin, ability, sex, sexual orientation, gender identity, gender expression and age.

Inclusion is defined as the practice ensuring that all individuals are valued and respected for their contributions and are equally supported.

To create and sustain positive change in the heart and stroke research ecosystem, principles of EDI need to be integrated across the research system, including in research practice and in research design. Applying an EDI lens enhances the specificity, representativeness, rigour and transparency of research.

As part of a larger body of EDI resources being developed across the Tri-Agencies, the Social Sciences Research Council (SSHRC) has developed a robust guideline to support the integration of EDI principles into research. They provide distinct descriptions of what this means in terms of both research practice and research design:

EDI in research practice (EDI-RP) involves promoting diversity in team composition and trainee recruitment; fostering an equitable, inclusive and accessible research work environment for team members and trainees; and highlighting diversity and equity in mentoring, training and access to development opportunities.

EDI in research design (EDI-RD) involves designing research so that it takes EDI into account through approaches that may include intersectionality, sex and gender-based analysis and reporting (SGBAR), anti-racism, and disaggregated data collection and analysis, among others. These approaches necessitate consideration of diversity and identity factors such as, but not limited to: age, culture, disability, education, ethnicity, gender expression and/or gender identity, immigration and/or newcomer status, Indigenous identity, language, neurodiversity, parental status/responsibility, place of origin, religion, race, sexual orientation, and socio-economic status.

Applicants are encouraged to describe how EDI considerations have been integrated in their research design (EDI-RD), as appropriate. For example, applicants may elect to provide a description of why specific diversity or identity factors were selected for inclusion and analysis in their research (race, immigration or newcomer status), describe the process of developing and maintaining a respectful relationship with the intended study population, or discuss why they do or do not intend to collect, analyze and report disaggregated data.

EDI considerations will not be explicitly included in the evaluation criteria in the 2025-2026 competition. Heart & Stroke anticipates further incorporating and formalizing evaluation of EDI considerations into grant review in subsequent competitions.

All applicants are required to complete CIHR's Institute of Gender and Health online training modules.

¹ EDI terminology has been adapted from: [Guide to Addressing Equity, Diversity and Inclusion Considerations in Partnership Grant Applications \(SSHRC, 2021\)](#)

Applicants engaging in clinical trial-based research are also strongly encouraged to complete Women's College Hospital's Sex -Specific Analysis and Reporting in Clinical Trials online training module.

11) Co- Mentorship

Heart & Stroke recognizes that successful mentorship is vital to career development and success. Mentors provide advice, counsel, feedback, and support related to career and personal development. Mentors can also serve as sponsors, collaborators, authors, or coaches. Mentoring can support skill and knowledge development across many domains including, but not limited to, research knowledge, skills, abilities, and techniques; knowledge and skills required to work with others, translate knowledge or widen the impact of research; knowledge of research standards, requirements and practices; and development of personal attributes, skills and characteristics necessary for success. Mentors also provide access to their social networks, providing mentees with research connections that would otherwise be unavailable to them.

Applicants are required to identify a minimum of one mentor and describe, in a co-signed one-page letter, both the mentorship approach for the first year of the award and provide a three-year mentorship plan. Note that Heart & Stroke employees cannot act in this formal mentorship role.

12) Indirect Costs

Heart & Stroke supports only the direct costs of research. No funding is to be used for indirect costs of research. The definition of indirect costs of research for the purposes of this policy is; costs which cannot be directly associated with a particular research program or operating grant, including costs associated with the general operation and maintenance of facilities (from laboratories to libraries); the management of the research process (from grant management to commercialization); and regulation and safety compliance (including human ethics, animal care and environmental assessment); and generic institutional/departmental taxes/tithes related to services.

13) Open Science and Open Access to Research Outputs Policy

All award recipients are required to make their research outputs and findings (see below) publicly available as soon as possible but no later than twelve (12) months after research project completion or final publication. Only under exceptional circumstances, such as ongoing review of a final manuscript, will delays in data release beyond 12 months from completion of the project be acceptable. Award recipients should become familiar with the guiding principles that enable sharing data, information, tools and resources, and that respect Indigenous data governance and sovereignty.

- The [Roadmap for Open Science](#) outlines the principles governing the practice of making federal science freely available with minimal restrictions and with full respect for privacy, security, ethical considerations, and appropriate intellectual property protection.
- [FAIR: Findable, Accessible, Interoperable, and Reusable](#) are guiding principles to inform data management and stewardship of digital assets.
- [CARE \(Collective Benefit, Authority to Control, Responsibility, Ethics\)](#) are guiding principles for Indigenous Data Governance.
- First Nations [Principles of OCAP® \(Ownership, Control, Access and Possession\)](#) guide how First Nations' data should be collected, protected, used and shared.
- [ClinicalTrials.gov](#) is a database of privately and publicly-funded clinical trials around the world.
- [PROSPERO](#) is an international database of prospectively registered systematic reviews that have health-related outcomes.

Research outputs and findings may include peer-reviewed journal publications, research data, and the results of clinical trials that will not be published in peer-reviewed journals. Research findings may also be shared in ways that are culturally relevant and in formats that are functional, useful and practical to distinct needs of Indigenous (First Nations, Inuit and Métis) communities. Indigenous Peoples share some histories and concepts; however, each community has specific methods for knowledge synthesis, translation, and exchange. For Indigenous knowledge mobilization to be successful, [meaningful and culturally safe](#), engagement with Indigenous communities is encouraged as they are best positioned to guide researchers towards the co-development of knowledge mobilization practices that work best for their communities.

14) Acknowledging Publications

Recipients of Personnel Awards must acknowledge the support of Heart & Stroke in all scientific communications and press releases related to their award with the following wording: “*This work was supported by the Heart and Stroke Foundation of Canada*”. To facilitate the implementation of Heart & Stroke’s program for knowledge transfer and exchange and to demonstrate accountability for use of research funding, Heart & Stroke must be notified in advance of the publication date of any major publications arising from research funded by Heart & Stroke by email at: research@heartandstroke.ca .

15) Four Themes of Health Research

New Investigator applicants must estimate what proportion of the proposed research falls under the four (4) health research themes.

The four (4) themes of health research as defined by the CIHR are:

Basic Biomedical (I)

Research with the goal of understanding normal and abnormal human function, at the molecular, cellular, organ system and whole-body levels, including the development of tools and techniques to be applied for this purpose; developing new therapies or devices which improve health or the quality of life of individuals, up to the point where they are tested on human subjects. Studies on human subjects that do not have a diagnostic or therapeutic orientation.

Clinical (II)

Research with the goal of improving the diagnosis and treatment (including rehabilitation and palliation) of disease and injury; improving the health and quality of life of individuals as they pass through normal life stages. Research on, or for the treatment of, patients.

Health Services/Systems (III)

Research with the goal of improving the efficiency and effectiveness of health professionals and the health care system, through changes to practice and policy. Health services research is a multidisciplinary field of scientific investigation that studies how social factors, financing systems, organizational structures and processes, health technologies, and personal behaviours affect access to health care, the quality and cost of health care, and ultimately our health and well-being.

Social, Cultural, Environmental and Population Health (IV)

Research with the goal of improving the health of the Canadian population, or of defined sub-populations, through a better understanding of the ways in which social, cultural, environmental, occupational, and economic factors determine health status.

16) Triaging of applications

Heart & Stroke implements a triage system for applications that have been rated in the “acceptable” category or below. Should an application be rated in this range by the scientific reviewers, the application may be triaged without discussion. In this case, applicants should refer to the specific comments of the reviewers.

17) Multiple Submissions

Multiple submissions from a single individual for a Heart & Stroke New Investigator Award are not permitted.

18) Transfer of Award

New Investigator Awards may not be assigned or transferred to another individual under any circumstances.

19) Award Termination

When work under an award is complete, or if for any reason the work cannot be continued, the award will be closed. Any remaining funds will be frozen and cannot be reallocated to other uses. The institution will prepare a final [Financial Report](#) and return outstanding funds to Heart & Stroke.

20) Status of Publications

Manuscripts may not be attached unless they have been submitted or accepted to a pre-print server or submitted or accepted for publication in a peer-reviewed journal. Any manuscript included with an application must be accompanied by documentation confirming its status. Any manuscript included with an application must be accompanied by documentation from a journal verifying that the manuscript has been submitted, is accepted for publication, or is in press. **Only updates to the three (3) representative publications included with the application will be accepted.** Heart & Stroke will not accept letters indicating confirmation of acceptance for publication of a paper after December 2, 2024.

21) Partial Awards

Partial awards of less than one (1) year are not available to New Investigator Award applicants.

B. Research Integrity Policy

The primary objective of [Heart & Stroke's Research Integrity Policy](#) is to protect and defend the integrity of the research process and to deal with allegations of scientific misconduct in a timely and transparent fashion. Data related to research by and with Indigenous Peoples (First Nations, Inuit, Métis), whose traditional and ancestral territories are in Canada, must be managed in accordance with data management principles developed and approved by those communities, and on the basis of free, prior and informed consent. This includes, but is not limited to, considerations of Indigenous data sovereignty, as well as data collection, ownership, protection, use, and sharing.

Responsibilities of researchers, institutions and Heart & Stroke with respect to research integrity are outlined in the [Heart & Stroke Framework: Responsible Conduct of Research](#). Heart & Stroke defines research misconduct as actions that are inconsistent with "integrity" as defined in the [Tri-Agency Policy Framework for the Responsible Conduct of Research](#), and that include breaches such as fabrication, falsification, destruction of research records, plagiarism, redundant publications or self-plagiarism, invalid authorship, inadequate acknowledgement, and mismanagement of Conflict of Interest. Heart & Stroke will assess allegations of scientific misconduct in the following manner:

- Any allegation of scientific misconduct will be initially reviewed by Heart & Stroke to determine whether an investigation is warranted. If it is felt that an investigation is required, Heart & Stroke may request that this be conducted by the host institution of the individual considered to have performed the alleged misconduct. In allegations specifically related to the peer review process, the investigation may be conducted jointly by the institution and Heart & Stroke.
- Heart & Stroke will not act on verbal allegations of misconduct. All allegations must be submitted in writing. Although the confidentiality of persons who submit an allegation of scientific misconduct will be protected as much as possible, it must be recognized that due process will often result in the identity of this person being released to the investigating institution.
- The institution will be required to submit a written report upon conclusion of the investigation. This report will summarize the findings of the investigation and any future actions that will be undertaken by the institution as a result of the findings.
- Applicants must certify that all statements made (or answers provided) in the application are correct and complete. Any misrepresentation of these statements (or answers provided) may result in the cancellation of the award.
- In cases where misconduct is concluded to have occurred, Heart & Stroke may apply sanctions against the individual(s) implicated. These sanctions will range from a reprimand letter to a ban from applying for or holding Heart & Stroke funds for a set period of time.

C. Specific Program Information

1) Eligibility Criteria

Equity, diversity, and inclusion (EDI) in research environments enhances excellence, innovation and creativity. Heart & Stroke is committed to excellence through equity and encourages applicants from diverse and equity deserving groups to apply to our funding opportunities.

2.1 General –New Investigator

- a. A **New Investigator** may not be in receipt of another major Personnel award from another national funding agency at the same time as holding a Personnel Award from Heart & Stroke. Likewise, an awardee may not concurrently hold a Canada Research Chair and a Heart & Stroke New Investigator Award. In addition, an awardee may not hold two Heart & Stroke Personnel Awards (national and provincial) concurrently. However, an awardee may accept supplemental funding annually; no greater than 50% of the annual value of the Heart & Stroke award if it is from a local or provincial funding source.
- b. At the time of submission, the applicant must have a full-time appointment at the Assistant Professor level or above in Canada;
- c. At the time of submission, and for the duration of the award, award recipients are **ineligible** if they hold or have already held funding, directly or indirectly, from the tobacco industry.
- d. The applicant should clearly demonstrate the potential to become an independent investigator.
- e. At the time of submission, no more than five (5) year or sixty (60) months may have passed since the date of the first faculty appointment at the Assistant or Clinical Assistant Professor level. This would include Adjunct positions in a research track for which the applicant is eligible to write a Grant-in-Aid as a Principal or Co-Principal Investigator. The date of first faculty appointment will be based on the date listed in the Common CV (i.e., under Employment). Note: the eligibility period be extended resulting from career interruption due to extenuating circumstances such as parental leave(s), illness etc. The period of eligibility will be extended by the equivalent duration of the eligible interruptions(s).
- f. Applications for this award must be supported by the university or institution at which the applicant will conduct the proposed research program. The university or institution is expected to guarantee the applicant appropriate academic rank and to provide adequate space and facilities for the investigator's research, commensurate with the status of the individual's experience and level of support from Heart & Stroke.
- g. The applicant must have an MD, PhD, or equivalent degree.
- h. The Dean and Department Head (or institutional equivalents) must guarantee at least 75% of the applicant's time will be allocated to the proposed research program.
- i. The applicant must hold an operating grant in support of the proposed research program at the time of this award; such grant(s) may be from Heart & Stroke and/or other granting agencies. The research grant support has the following additional requirements:
 - i) For each year of the three (3) years of the award, the recipient must be a Principal or Co-Principal Investigator on a peer-reviewed grant originating from a national or provincial funding agency, irrespective of the amount of the grant.
 - ii) The recipient must have at least \$30,000 per year of research funding for which the recipient is Principal or Co-Principal Investigator.
 - iii) Peer reviewed/Non-Peer reviewed funding
 - For years one (1) and two (2) of the award, research funding may originate from peer-reviewed and non-peer-reviewed sources.
 - For year three (3) of the award, research funding must originate from peer-reviewed sources.

2) Evaluation Criteria

- a. All applications undergo peer review by the SRC.
- b. The major criteria in evaluating the applications will be:

- i. Academic and research background of the applicant;
- ii. Research environment; and
- iii. The quality of the research program.

3) Committee and Lay Reviewers

Applications will be adjudicated by a Selection Committee, composed of members from the Heart & Stroke [Scientific Review Committee](#) (SRC). The SRC includes over 180 members, is overseen by the Executive Chair and Vice-Chair and comprises separate committees to ensure in-depth knowledge and expertise in areas relevant to the mandate of Heart & Stroke. The SRC Executive Chair and Vice-Chair are non-voting members. The Selection Committee may meet in person or virtually at the discretion of the SRC and Heart & Stroke. Lay Reviewers will also be incorporated into the selection process to increase accountability and transparency of the review process, and to ensure that the proposed research is aligned with the objectives of this funding competition. In addition, if Lay Reviewers identify that a lay summary is not suitable for a general audience, the award recipient will be asked to revise and resubmit the lay summary. The Selection Committee and Lay reviewers must agree to respect the privacy, confidentiality and conflict of interest rules of Heart & Stroke.

4) Tenure / Stipend and Allowances

Award Name	Eligibility	Value/year	Duration
New Investigator	0-5 years	\$60K*	3 years

* See Special Awards (section 6, page 13)

4.1 Tenure

- a. The award will be for a period of three (3) years. The award cannot be renewed for a second term.
- b. The recipient will be considered an employee of the sponsoring university or institution and funds granted will be paid to the institution for payment to the recipient. The recipient will enjoy the benefits of a full-time member of the staff with respect to pension, insurance and other plans according to the university or institution's policies.
- c. The recipient may request a leave of absence, details of which are set out in Heart & Stroke Grant Management Guidelines. Leaves of absence must be agreed to by Heart & Stroke and endorsed and supported by the Host Institution.
- d. The award may be terminated at any time for good cause by the recipient, the sponsoring institution, or Heart & Stroke.
- e. The award commences July 1 and the recipient will devote the ensuing three (3) years to the objectives of the award. This period includes vacation as per the institution's policy.
- f. The recipient must immediately notify Heart & Stroke should significant changes in research activities occur during the tenure of this award.
- g. The recipient must immediately notify Heart & Stroke should they relocate to another institution (including outside of Canada).

4.2 Stipend and Allowances

- a. The stipend for the New Investigator is \$60,000 per annum, including the employer's share of benefits, for a maximum of three (3) years. There are no additional allowances.
- b. Heart & Stroke imposes no restriction on the additional income the New Investigator awardee may earn, provided it is within the guidelines of the sponsoring university or institution and that such activity does not impinge upon the time dedicated to the proposed research program.

5) Application

Applications will be completed online using Heart & Stroke's online system, CIRCULink. Heart & Stroke will accept a scanned copy of the original signature uploaded into CIRCULink; electronic signatures will also be accepted. Applicants need not send an original copy of the signature page to Heart & Stroke.

(Note: The expectation is that an electronic signature will hold the same weight as an original (wet) signature).

Due to conflict of interest, letters of support from Heart & Stroke are not permitted as part of any application to any Heart & Stroke research competitions.

Each complete application must include:

- a. A six (6) page detailed description of the proposed research program, which includes identification of the applicant's role and how the execution of the research plan contributes to the applicant's development as an independent researcher. Proposals should address the following areas:
 - i. Overall focus of research program
 - ii. Sources of funding for all included projects within the program, existing and planned
 - iii. Research environment
 - iv. Information on inter-disciplinary aspects of the program, roles of collaborators/co-investigators/team members
 - v. Anticipated contributions toward the field
 - vi. Roles of trainees with the program
 - vii. To improve the clarity of the application, figures, charts, tables, etc. may be included in the research proposal. Please note that embedded figures, charts, tables, etc. count toward the page limit.

Pages should be single-spaced using either 12 point Times New Roman or 11 point Arial font. Condensed type or spacing is not acceptable. A margin of 2 cm around the page is needed. No photo-reduction except for figures. **Applications that do not respect the 6-page limitation will be removed from the competition (without appeal).**

- b. An institutional statement completed by the Dean and Department Head (or institutional equivalents) confirming that the applicant will have 75% of his/her time allocated to the proposed research program. The statement must clearly describe details on:
 - How this 75% allocation of research time will be spent;
 - Commitments for the remaining 25%;
 - Critical appraisal of the applicant; and,
 - Critical appraisal of the proposed research program.

Please note the statement should be no longer than one page.

- c. Letters of Recommendation: Three (3) letters of recommendation **emailed separately to research@heartandstroke.ca, directly from the referees.** The letters must evaluate the applicant's:
 - Professional and academic capabilities for this award;
 - Personal attributes;
 - Research potential; and,
 - Alignment of the overall research program with the mission of Heart & Stroke.

The letters must be from professors (or instructors) under whom the applicant has received training. These letters must be in PDF format and emailed to research@heartandstroke.ca from the referees. The competition being applied to and the applicant name should be clearly listed in the subject line.

***Note: Heart & Stroke will exclude letters of recommendations and assessment forms that arrive after the submission deadline.**

- d. An executive summary of the proposed research.

- e. Sex (biological) and Gender (socio-cultural) considerations:
Applicants are required to integrate sex and gender-based analysis and reporting (SGBAR) in their research design. Any application that does not incorporate SGBAR must provide a rationale why it would not be relevant to the program. ***All applicants are required to complete CIHR's Institute of Gender and Health online training modules; applicants are strongly encouraged to complete Women's College Hospital's Intersectionality as a Research Lens Training Module and CIHR's Unconscious Bias in Peer Review Training Video Module.***
- f. Equity, Diversity and Inclusion (EDI) considerations: Applicants are asked to describe how EDI considerations have been integrated in their research program. EDI factors **will not** be explicitly included in the evaluation criteria. Heart & Stroke anticipates incorporating EDI considerations into grant review in subsequent competitions.

Applicants are strongly encouraged to complete Women's College Hospital's Intersectionality as a Research Lens Training Module and CIHR's Unconscious Bias in Peer Review Training Video Module
- g. Mentorship: Applicants are required to identify at minimum one mentor and describe, in a co-signed one-page letter, the mentorship approach for the first year of the award and provide a three-year mentorship plan.
- h. A complete structured lay summary with a clear explanation of how the proposed research is directly relevant to heart disease and/or stroke and what is the impact of the proposed research to heart disease and/or stroke. The lay summary must be written in everyday language (for a general audience) at a level no greater than Grade 8. The structured lay summary is a required section of the application form. Applicants are strongly encouraged to use one of the commercial readability tools incorporated in word processing software to ensure that their lay summary is written at an appropriate reading level.
- i. A completed copy of the applicant's Common CV form (HSFC version only). This is a web-based form, which allows CV information to be entered online (refer to <https://ccv-cvc.ca/indexresearcher-eng.frm> for further instructions)
- j. Signature(s)
Heart & Stroke will accept either a scanned copy of the original signatures, or electronic signatures. Note: The expectation is that an electronic signature will hold the same weight as an original (wet) signature.

6) Special Awards

McDonald Scholarship

The McDonald Scholarship is awarded to the highest rated New Investigator. The McDonald Scholar will be awarded an additional research grant of \$10,000 in the first year of the award.

Henry J.M. Barnett Scholarship

The Henry J.M. Barnett Scholarship is awarded to a highly rated New Investigator working in stroke or a related field. The Henry J.M. Barnett Scholar will be awarded an additional research grant of \$10,000 in the first year of the award.

7) Contact Information:

For any questions or concerns, the preferred form of communication is email. Your email will go to a research email inbox which is accessed by multiple research team members and is the best way to get a timely response.

Email: research@heartandstroke.ca

Website: <https://www.heartandstroke.ca/what-we-do/research/for-researchers>