

Falls and its risk factors among people with stroke aged 30-65 years living in the community: A participatory project

Location: Canada-wide

Number of participants: 16

Recruitment period: Open until October 2025.

Description: AIMS of the project are to:

- Learn about the experiences of falls and near falls from stroke survivors aged 30-65 and why they think these incidents happened.
- Understand the effects of falls and near falls and suggest ways to prevent them.
- Understand gaps in the current health care, policies and environmental design that limit fall prevention for people with stroke aged 30-65 years living in the community.
- Design strategies to provide recommendations or reduce falls.

Language: Open to all. Translators will be provided for those who speak languages other than English.

Eligibility:

- People with stroke aged 30-65 years who have experienced a fall or a near fall after the stroke.

Participant requirements:

- **Group sessions**
 - Format of sessions: Virtual or Hybrid
 - Duration of sessions: 45–60-minute meetings about 2x/ month for 4-5 months.
 - Length of period of involvement in group sessions: 4-6 months
- **Individual interviews**
 - Format of sessions: Virtual or Hybrid
 - Period of involvement in individual interviews: One time meeting of about 60 minutes

Institution: University of Western Ontario

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