



BrightRed Student Research Awards Program 2025/2026 Checklist & Application Form

Applicant Name: _____

Please ensure the following documents are included, in order for your application to be considered complete:

- ☐ Application form (electronic copy)
- ☐ 2-page project description (electronic copy)
- ☐ Lay Summary (electronic copy)
- ☐ Curriculum Vitae (electronic copy, use instructions provided)
- ☐ Official Transcripts (electronic copy)
- ☐ Supervisor Assessment form (electronic copy e-mailed directly from supervisor to Heart & Stroke)



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☐ **Section I. Personal Information**

Surname:		Given names:	
Mailing address:			
Town/City:	Province:	Postal code:	
Home phone:	Work phone:	Email address:	
(if applicable) Health professional designation:			

☐ **Section II. Current Research Training and Support**

Indicate level of training for which you are applying for a <i>BrightRed</i> Student Research Award:			
Master's <input type="checkbox"/>	Doctoral <input type="checkbox"/>	Postdoctoral fellow <input type="checkbox"/>	Doctor of Medicine <input type="checkbox"/>
Degree sought:		Is this a full-time program of study? Yes <input type="checkbox"/> No <input type="checkbox"/>	
University:	Department:	Start date:	Anticipated date of completion:
Primary supervisor for research training:			
Title of proposed research:			

☐ **Section III. Volunteer and Community Involvement**

Briefly outline any relevant volunteer experience or community involvement and how the skills developed from these experiences strengthen your role as a researcher or created an interest in heart disease and stroke.

Please limit your summary to a maximum of 250 words.

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☐ **Section IV. Description of Proposed Research with References is Attached for Submission.**

Please attach an overview of your proposed research including a brief literature review and rationale for study; objective(s) and/or hypothesis (es); methodology; methods (including data analysis) that clearly establishes relevance to Heart & Stroke.

Applicants should integrate sex (biological) and gender (socio-cultural) based analysis (SGBA) in their research design. All applicants should provide a rationale as to how SGBA is incorporated into their project or why it would not be relevant to the project if they are not incorporated.

Please limit your description to a maximum of 3 pages, 12-font, single-spaced, margins no less than 1 inch (2.54 cm). Additional pages may be used for references. Please number all pages in sequential order, title this attachment as "SECTION IV", and be sure to include your project title and full name.

☐ **Section V. Lay Summary of Proposed Research is Attached for Submission.**

Please attach a lay summary of your proposed research. This should be written in non-scientific, everyday language at a grade 10 reading level. Use analogies, simplifications, and generalizations rather than scientific and technical terms so that an audience unfamiliar with your research understands it.

Please limit your summary to a maximum of 250 words, 12-font, single-spaced, margins no less than 1 inch (2.54 cm). Please title this attachment as "SECTION V" and be sure to include your project title and full name.

☐ **Section VI: Relevance to Heart & Stroke**

Explain how your study is relevant to Heart & Stroke. See our [research strategy](#) for areas of focus. Please limit your summary to a maximum of 250 words. Relevance must also be addressed in the body of the research proposal.

Note: *The onus is on the applicant to directly link their research objectives to heart disease and stroke. Indirect or vague connections to heart disease and stroke are not sufficient to deem the research relevant. Failure to establish relevancy to Heart & Stroke will result in the application being removed from consideration.*

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Other (checklist):

- ☐ CV (electronic copy attached)
- ☐ Official academic transcripts are included from all periods of study
- ☐ Supervisor assessment form (electronic copy e-mailed directly to Heart & Stroke from supervisor's email)

The applicant hereby covenants and agrees with Heart & Stroke to comply with, and be bound by, all the provisions contained in the *BrightRed* Student Research Awards Program regulations (with which they are familiar). The applicant certifies that the information contained in this application and attachments is true and that no material fact has been withheld. The applicant certifies that they are a Canadian citizen, landed immigrant, and will reside in Nova Scotia (for the duration of the award) with a valid work or student visa.

The applicant agrees to regular communication, either initiated by Heart & Stroke or the applicant, in order to monitor progress of studies funded, either wholly or in part, by funds allocated from the *BrightRed* Student Research Awards Program.

We encourage BrightRed applications to be prepared by the trainee and edited by their supervisor.

Signature of applicant:

Date: