



Heart&Stroke™

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Health information publications:

	Stroke recovery	Language	Limit	Quantity
1	A family guide to pediatric stroke (36 pages)	English	PDF only	PDF only
		French		
2	Post-stroke checklist pad (50 checklists/pad) <i>* for healthcare providers only</i>	English	2 pads	pad
		French		PDF only
3	Stroke assessment and prevention pocket guide (36 pages) <i>* for healthcare providers only</i>	English	PDF only	PDF only
		French		
4	Stroke in young adults: A resource for patients and families (64 pages)	English	PDF only	PDF only
		French		
5	Taking action for optimal community and long-term stroke care (TACLS) (178 pages)	English	PDF only	PDF only
		French		
6	TIA factsheet	English	50 copies	
		French		
7	Your stroke journey: A guide for people living with stroke (120 pages)	English	50 copies	
		French		



Heart disease recovery		Language	Limit	Quantity
8	Living well with heart disease (124 pages)	English	50 copies	
		French		
9	Living with heart failure (80 pages)	English	50 copies	
		French		
10	When to consider Implantable Cardioverter Defibrillator (ICD) deactivation (8 pages)	English	PDF only	PDF only
		French		
Emergency signs / CPR				
11	FAST stroke signs and heart attack signs bookmark	English	100 copies	
		French		
12	FAST stroke signs poster (11" x 17")	English	PDF only	PDF only
		French		
13	Hands-only CPR postcard	English	PDF only	PDF only
		French		
14	Hands-only CPR poster	English	PDF only	PDF only
		French		
15	Heart attack emergency checklist	English	PDF only	PDF only
		French		
16	Stroke emergency checklist	English	PDF only	PDF only
		French		
Prevention (Risk factors)				
17	Are you at risk for heart disease or stroke (20 pages)	English	100 copies	
		French		
18	Blood pressure record wallet card	English	PDF only	PDF only
		French		
19	Managing your blood pressure (20 pages)	English	100 copies	
		French		
20	How to manage your cholesterol (16 pages)	English	100 copies	
		French		
21	Talking to your doctor	English	PDF only	PDF only
		French		
Prevention (Healthy living)				
22	100 Healthy things you can do in minutes (30 pages)	English	PDF only	PDF only
		French		
Prevention (Promotion)				
23	Community of survivors and caregivers postcard	Bilingual	100 copies	
24	Health resources flyer	English	100 copies	
		French		

Chinese		Language	Limit	Quantity
25	Heart failure zones factsheet	Traditional Chinese	PDF only	PDF only
26	Understanding heart failure factsheet (4 pages)	Traditional Chinese	PDF only	PDF only
27	Your stroke journey: A guide for people living with stroke (128 pages)	Traditional Chinese	PDF only	PDF only

Additional information:

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