

Power Skills



Cooperative and Teamwork Challenges

Team Games and Fair Play

TABLE TOP CURLING

Ready

- Invite 3 family members or friends to play.
- Sit in pairs at the opposite ends of a table.
- Slide an object, such as a coin or large paper clip, so that it stops as close to the table edge as possible. Take turns sliding the object.

Scoring

- Within a hand's width of the table edge - score 1 point.
- On the table edge - score 2 points.
- If it falls over the edge subtract 1 point.

Set!

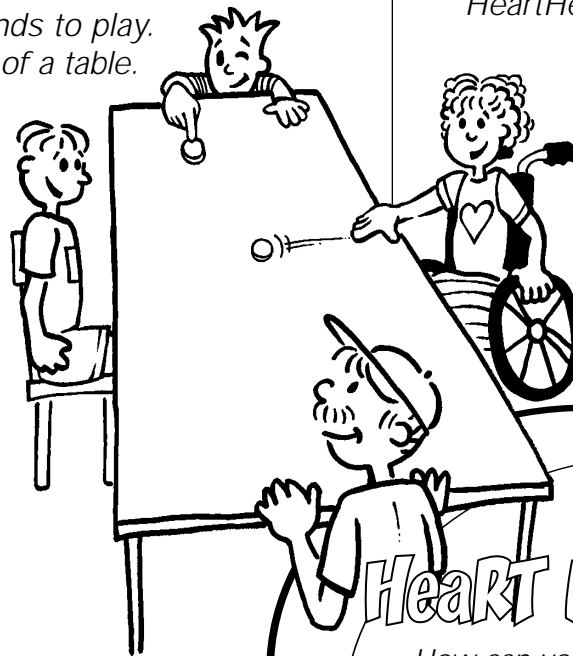
- Practise a couple of times to make sure you are ready.

GO!

- Have fun!
- You can have 2 games going at once! See above illustration.
- Try it with an object that rolls - e.g. tennis ball, ping pong ball, marble.
- Try a game where you aim for the corner of the table instead of the edge!
- Can you change the game to make it REALLY ACTIVE?

This is a great game to play anywhere and a great indoor, rainy day activity. Do you have another indoor game that can be played cooperatively on a rainy day? Tell us!

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Heart Leaders!

How can you help your partner win points? If it looks like the object is travelling too far, you can blow on the object to slow it down. What can you do if it is not going far enough?

