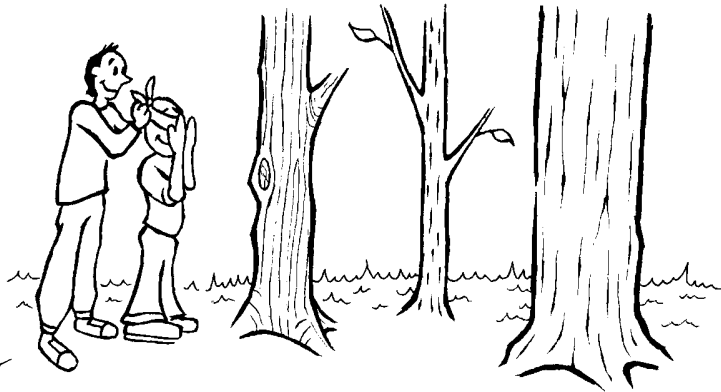


Adventure Outdoors

Explore and enjoy nature!

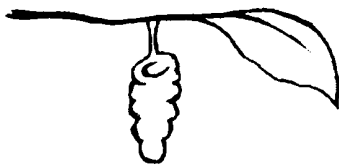
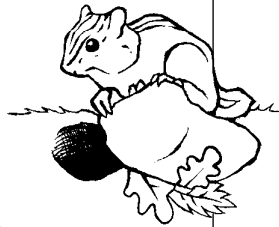


Animal Homes

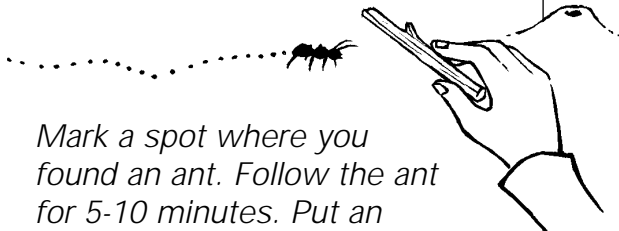


Go for a walk in your neighbourhood with a family member. Count how many homes for

animals/bird/insects you can find. What was the most unusual home you found?



Find an Ant

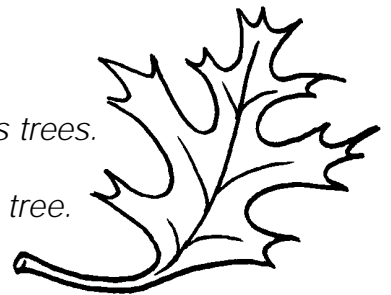


Mark a spot where you found an ant. Follow the ant for 5-10 minutes. Put an obstacle in front of it, what does it do? Write a story about your ant's adventures.

FIND YOUR TREE!

Ready!

- Invite a parent or helper to play.
- Play this activity in a park that has trees.
- Blindfold your partner.
- Carefully guide your partner to a tree.
- Make the journey interesting.



Set!

- Allow your partner to explore the characteristics of the tree; what is the size of the trunk, the bark texture, smell of the tree, number of branches close to the ground, exposed roots, etc.
- Return to the starting point.

GO!

- Remove the blindfold - Try to find your tree!
- Now it's your partner's turn.



CAUTION:

Watch for rocks, roots and branches. Move slowly and carefully. Tell your partner what to do and what is coming up next. Never leave your partner's side.

Heart Leaders!



Create another nature related activity. Introduce it to your family and friends.