



# Learn the signs of stroke

**F**ace is it drooping?

**A**rms can you raise both?

**S**peech is it slurred or jumbled?

**T**ime to call 9-1-1 right away.

Act **F A S T** because the quicker you act, the more of the person you save.

**[heartandstroke.ca/FAST](http://heartandstroke.ca/FAST)**