



Volunteer candidate information sheet

Thank you for your interest in volunteering with Heart & Stroke. Heart & Stroke volunteers save moments, fund breakthroughs and save lives through their generous contributions of time, skill and commitment.

Please take a moment to complete this information sheet. The information provided helps us match you to available roles. Once you've completed the sheet, please send it: **CN_VolunteerEngagement@heartandstroke.ca**

Contact information

*Required fields

*First name:	*Last name:	
Preferred name:	*Phone:	<input type="checkbox"/> Home <input type="checkbox"/> Business
*Email:		<input type="checkbox"/> Home <input type="checkbox"/> Business
*Address:		<input type="checkbox"/> Home <input type="checkbox"/> Business
*City:	*Province:	*Postal Code:

What is your preferred language: English French

How do you identify? Man Woman Other Prefer not to answer

For volunteers under 18 (optional): Please specify your birthday so we can find the best opportunity for you: _____ (mm/dd/yyyy)

Have you previously volunteered with us? Yes No

If yes, please tell us about how you were involved:

If you haven't volunteered with us before, please tell us why you're interested in getting involved:

- I would like to share my skills and give back to my community
- I would like to gain new experiences and meet new people
- I have a connection to Heart & Stroke's mission
- I would like to fulfil service hour requirements
- Other

Are you interested in a specific role?

- No, I'd like to help wherever my skills are the best fit
- Yes, I'd like to help with



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Emergency contact information

*Required fields

*Name:

*Relationship:

*Phone:

*Email:

Availability

I am available:

- Weekdays (9 a.m. to 5 p.m.) Evenings (5 p.m. to 9 p.m.) Weekends Flexible

I am interested in volunteering:

- Short term (up to 3 months) Long term (6 months- 1 year+) Occasionally (project work, as needed/available)
 Regularly (weekly or a few times a month) Event days only (only for a specific event)

I would like to volunteer:

In person Virtually

Note: Once in-person meetings can be safely resumed in accordance with public health guidelines, all in-person opportunities require volunteers to be fully vaccinated against COVID-19. Vaccination, combined with other public health measures (e.g. appropriate masking, physical distancing), is critical for reducing the transmission of COVID-19, protecting others and creating the safest possible work environment. Please take a few minutes to review our policy [here](#).

I am unavailable at the following times:

Have you ever been convicted of criminal offence for which a pardon has not been granted? Yes No

How did you hear about us? Please check all that apply:

- Website Social Media Friend Local Volunteer Centre
 Other

Thank you for your interest in volunteering at Heart & Stroke. Please provide up to two references who can speak to your skills related to the role you have applied for. These people will only be contacted if you are selected to volunteer with us. Please be sure to indicate how you know this person i.e. supervisor, colleague, team mate.

Reference name	Relationship	Reference phone number	Reference email

By signing below, I give Heart & Stroke permission to contact the above listed references in order to assess suitability for the volunteer role I am applying for.

All information collected in this document is for internal use only and will not be sold or shared with anyone outside of Heart & Stroke. All documents are stored in a secure location and may be shared only with designated employees.

Email Opt-In:

Yes, please sign me up to receive updates from the Heart & Stroke Foundation

Agreement:

By signing below, I acknowledge that the information provided is true and accurate and that any misrepresentation or omission may result in my disqualification as a volunteer.

Volunteer Signature

Date:

Signature of parent/guardian (if under 18)

Date:

Privacy Statement:

We are committed to protecting the privacy of your personal information. We may maintain a record of your interaction for donor-related, promotion and tax-receipting purposes, where required. Occasionally, we may contact you with mission-related or program-related communications. If you wish no further contact or have any questions or concerns regarding the privacy of your personal information, please contact 1-888-HSF-INFO (473-4636) or visit <http://www.heartandstroke.ca/privacy-policy>.