

A stroke is a medical emergency.

In Canada, someone has a stroke every five minutes.

What's the issue?

Stroke is the 4th leading cause of death in Canada. In fact, **1 in 30** deaths are caused by stroke - that's a life taken every 48 minutes.



34% more women in Canada died from stroke than men in 2020.



Nearly **950,000 people** in Canada are estimated to be living with the effects of stroke in Canada.



1 in 3 people in Canada do not know any signs of stroke and only 16% know all three FAST signs of stroke.

What Heart & Stroke is doing



Supporting life-saving stroke research.

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Driving health systems change to **improve stroke awareness** and equitable diagnosis, treatment and care.

[Learn more](#)



Leading evidence-based stroke best practice guidelines in Canada.

[Learn more](#)



Providing support and resources for people living with **stroke** and their caregivers.

[Learn more](#)

Get involved

Help Heart & Stroke promote health, save lives and enhance recovery. Fundraise or partner with us.

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