



Choose the CardiacCrash experience that works best for your audience!

Each CardiacCrash session is 1 hour in length and can accommodate up to 40 participants. You can bring the program to your organization in one of two ways:

- Your in-house team can become CardiacCrash facilitators and run sessions themselves.
- Your organization can bring in a certified external instructor to run the program.

	In-house facilitator	External instructor
Who is this best for?	<ul style="list-style-type: none">• 3+ sessions needed to train all participants• You have an internal champion with the passion and capacity to deliver the sessions	<ul style="list-style-type: none">• 1-2 sessions needed to train all participants• You are looking for a turnkey experience and have someone available for light planning
Time required of internal champion/s	<ul style="list-style-type: none">• Approximately 2-3 hours of online training• Approximately 1-2 hours to review support resources to help you deliver a successful session	<ul style="list-style-type: none">• Minimal, once session is scheduled and participants are recruited
Equipment needed	<ul style="list-style-type: none">• CPR practice equipment which can be purchased from Heart & Stroke or ask about our DIY options (if needed) 1 piece of equipment per 4 participants	<ul style="list-style-type: none">• Most instructors will provide the necessary CPR equipment
Cost	<ul style="list-style-type: none">• Currently, the fee for program access has been waived• There may be some costs related to time and equipment purchase, if applicable	<ul style="list-style-type: none">• Instructors in the Heart & Stroke network set their own fees• On average, a session fee may range from \$500 to \$750
Heart & Stroke support provided	<ul style="list-style-type: none">• Personal virtual support from a Heart & Stroke team member who will guide you through the necessary steps to plan and execute a CardiacCrash session	<ul style="list-style-type: none">• Personal virtual support from a Heart & Stroke team member who will help match your organization with a certified instructor, and support with resources to plan the session• Payment details will be managed directly between the organization and the instructor

Note: CardiacCrash is not a CPR certification program. If your participants are looking for a program that will provide CPR certification, we can connect you with the appropriate program or you can visit our [website](#)

