

2013  
ANNUAL  
REPORT



*New day. Fresh hope.*  
TOGETHER, WE'RE CREATING SURVIVORS.



HEART &  
STROKE  
FOUNDATION

**MAKE  
HEALTH  
LAST**

FROM OUR CEO

*We're blazing a bold new path to*  
**CREATE EVEN  
MORE IMPACT**

*Thank you.* Whether you're a donor, volunteer, supporter or partner, you helped the Heart and Stroke Foundation improve the health of thousands of Canadian men, women and children in 2013.



David Sculthorpe, CEO, Heart and Stroke Foundation of Canada, with his wife, Patricia.

Thanks to you, we were able to touch thousands of Canadians and make a tangible difference in their lives this year, despite challenges to our revenue growth.

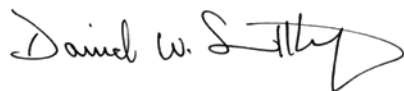
Our successful Make Health Last™ campaign inspired Canadians to take charge of their health. Many took our free online Risk Assessment, adding to the hundreds of thousands who have already used this tool to understand their risk factors and how to reduce them.

The Foundation entered into an unprecedented \$300-million, 10-year commitment to fund peer-reviewed research across Canada. A historic endeavour, this initiative makes a proud statement that we're committed to funding best-in-class research over the long term.

And 2013 will long be seen as a turning point in the Foundation's history, as we unveiled our first national strategic plan. On page 4 you'll see the plan's ambitious goals and how we will work toward them by preventing disease, saving lives and promoting recovery.

This strategic plan brings with it a new age of accountability, committing us to rigorously track our progress to ensure that your donations generate the greatest possible impact.

With your support, we will significantly reduce the rate of death from heart disease and stroke and improve the health of Canadians by decreasing their risk factors — that's our promise to you.



**David Sculthorpe**  
Chief Executive Officer

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# *Your support makes things happen*

## SOME 2013 HIGHLIGHTS WE ACCOMPLISHED TOGETHER



Volunteers including those pictured on this page keep the Foundation's heart beating.

### Committed \$300 million over 10 years to fund long-term research

at leading universities and hospitals, to fast-track discoveries into vital life-saving programs, treatments and prevention. The Heart and Stroke Foundation is the largest contributor to heart disease and stroke research in Canada after the federal government.

### Engaged more than 160,000 school children in healthy living activities

through fun, interactive programs, to start them on the path to eating well and being physically active every day.

### Empowered more than 240,000 people to make healthy changes

using our free eTools at [heartandstroke.ca/ehealth](http://heartandstroke.ca/ehealth). They logged on to assess their risk of heart disease and stroke, manage their weight or blood pressure, and more.

### Helped reduce the smoking rate to an all-time low

of 16 per cent in Canada (from 29 per cent 15 years ago) through public education, long-term partnerships and advocacy.

### Taught almost 450,000 Canadians to save a life.

Our training in CPR (cardiopulmonary resuscitation) reaches healthcare providers and first responders as well as ordinary Canadians, in languages including Mandarin and Punjabi, providing the skills and confidence to respond to a cardiac emergency.





# Our new roadmap TO THE FUTURE

*Making It Happen Together* is the Foundation's first national strategic plan, unveiled in 2013 and now guiding every step we take. It's based on extensive background research and in-depth consultation with healthcare experts as well as survivors, donors, volunteers and employees. They ultimately all answered one question: "Where can we have the biggest impact?"

The plan is crafted to deliver on our promise to Canadians — to be here for them, tangibly improving their health. It sets out two measurable goals that will lead us to our vision of healthy lives free of heart disease and stroke:

- To significantly improve the health of Canadians by decreasing their risk factors for heart disease and stroke by 10 per cent, by the year 2020; and
- To decrease the rate of death from heart disease and stroke by 25 per cent, also by 2020.

From these two ambitious goals, everything flows, starting with the mission priorities through which we'll achieve those goals: **preventing disease**, **saving lives** and **promoting recovery**. As we develop specific initiatives, we'll hold ourselves accountable at every step, track our progress and report back to you.

Can we reach our goals? Only with your support.

Considering we've helped reduce the death rate from cardiovascular disease by 75 per cent since the Foundation was created in 1952, we're confident that together, we can achieve these new goals.

See the full plan at [heartandstroke.ca/strategicplan](http://heartandstroke.ca/strategicplan).

## Our mission

The new strategic plan aligns the Foundation's work under these three priorities.

**PREVENT**  
DISEASE



**SAVE**  
LIVES



**PROMOTE**  
RECOVERY





Vicki and her family.

**“I’M THANKFUL I  
DIDN’T HAVE A  
CARDIAC EVENT  
BEFORE I MADE  
THIS CHANGE.”**

## *How you helped* VICKI AVOID A STROKE...

*Vicki Olatundun* felt on top of the world after giving birth to her second child. Then on a post-baby visit, a public health nurse checked her blood pressure — and called an ambulance. The reading put Vicki in immediate danger of stroke. Shocked, she spent five days in hospital and came home determined to tackle her health — starting with her weight. She tried many diets but nothing worked. Then she found our <30 Days Challenge mobile app, one of several Foundation eTools that help Canadians reduce their risk of heart disease and stroke. The app guides people to healthier habits in small steps.

“I didn’t feel pressured to lose 10 pounds in two days,” Vicki says. She just followed the daily tips, like drinking more water or adding a serving of fruit. It worked, helping her drop 90 pounds over 2013 and get her blood pressure into a healthy range. “I’m thankful I didn’t have a cardiac event before I made this change,” she says. Her only regret is that she can no longer play a favourite family game called “Shake like jelly on a plate.” “I always used to win — everything shook. Then my son said to me, ‘Mommy you can’t play! You don’t have that big tummy anymore.’”

### ALSO IN 2013

You **boosted First Nations health** through programs in more than 30 communities, empowering Aboriginal people to reduce their risk of heart disease and stroke, which is two to three times higher than that of the general population.

You **increased physical activity** through Heart&Stroke Walkabout™, which has touched more than 11,000 Nova Scotians and motivated 1.9 billion steps over six years. About 85 per cent of Canadians are not active enough, putting them at risk of heart disease and stroke.



## YOUR COMMITMENT HELPS US PREVENT DISEASE

Eighty per cent of premature heart disease and stroke can be prevented. That's why we partner with Canadian families to promote healthy behaviours among children, youth and adults and help make healthy choices easy choices.



## *and invested in your* CHILDREN'S HEALTH

Do you want to know how your children and grandchildren could avoid heart disease and stroke? So do we. And this year we took a giant step closer to those answers with the launch of a study that will track the health of more than 10,000 Canadians over many years, to learn why some develop heart disease, stroke and cancer while others don't. Our advocacy made this crucial project a reality, persuading Ottawa to contribute \$14 million through the Canadian Partnership Against Cancer. We strengthened the research investment with a \$2 million contribution. This is frontier research, aimed at revealing the root causes of chronic disease, including ethnicity, environment and lifestyle factors.

You **targeted high blood pressure** — the number one risk factor for stroke and a major risk factor for heart disease — through programs reaching more than 40,000 Canadians, including screening for high blood pressure plus help to manage it.

You supported research demonstrating that individualized lifestyle coaching can **successfully reduce cardiovascular risk**. Participants in the ANCHOR study, led by Dr. Jafna Cox of Dalhousie University, lowered their risk by up to 25 per cent.

# How you gave one woman HER FUTURE BACK...

*Dr. Frank Silver* knew what the CT scan images meant for the patient on his computer screen: a devastating brain stem stroke that could leave her paralyzed from head to toe — if she survived. The 32-year-old woman lay in an emergency room in Barrie, Ont., 100 kilometres from Toronto Western Hospital, where Dr. Silver was helping to diagnose her by video link. A stroke neurologist, he was on call that day for Ontario's Telestroke program, a system he pioneered with Heart and Stroke Foundation support, to get emergency care to patients far from major urban centres.

Dr. Silver advised the ER physician to start immediate treatment with the clot-busting drug tPA, which can significantly reduce the impact of a stroke if it's administered within a few hours of onset. When the woman arrived at Toronto Western 90 minutes later by ambulance, the clot in her brain had dissolved. She has since made a full recovery. Without Telestroke, Dr. Silver says, "By the time she got here, the damage would have been done." The Foundation is working to get Telestroke integrated into coordinated systems of stroke care so more patients can benefit, through our leadership role in the Canadian Best Practice Recommendations for Stroke Care.



**"BY THE TIME  
SHE GOT HERE,  
THE DAMAGE  
WOULD HAVE  
BEEN DONE."**

— Dr. Frank Silver

## ALSO IN 2013

You **enhanced understanding of heart attack in women**, through research led by McGill University's Dr. Louise Pilote which showed that one in five women under 55 do not experience chest pain with a heart attack.

You **provided up-to-date evidence and tools** to guide healthcare professionals in treating and managing the estimated 50,000 strokes that occur in Canada each year — through the Foundation-led *Canadian Best Practice Recommendations for Stroke Care*.



## *and let Dave meet* HIS GRANDDAUGHTER

Call it fate or foreshadowing, but Dave Stuckey made an eerie joke when he said he would be the first person to need the automated external defibrillator (AED) he got the Foundation to install two years ago at the George Hawkins Memorial Arena in Twillingate, Nfld. In February Dave, the arena's manager, was playing hockey when he experienced chest pains. Then the 50-year-old passed out with no pulse. His teammates sprang into action. One administered cardiopulmonary resuscitation (CPR) while another retrieved the AED. They used it to shock him six times.

Dave regained consciousness in an ambulance. He was airlifted to St. John's where doctors put a stent in his blocked artery. Today Dave feels better than ever. "I'm exercising, walking on the treadmill, watching my diet and I'm playing hockey again." The AED is back on the wall. Dave looks at it with gratitude every time he walks through the arena's doors.

You **increased someone's chance of surviving cardiac arrest** by adding 1,150 life-saving AEDs to our network (now totalling 6,500), with support from partners including Boston Pizza Foundation and The Cowan Foundation.

You supported successful advocacy that will **save even more lives**, through a new \$10 million federal initiative led by the Foundation that will increase access to AEDs by placing a further 2,000 in hockey arenas and recreation centres across Canada.

### YOUR GENEROSITY HELPS US **SAVE LIVES**

Close to 70,000 Canadians die each year from heart disease and stroke — one every seven minutes. We work to save more of those lives by enabling faster, better cardiac and stroke emergency response and treatment.



Dave with his granddaughter Lily-Marie,  
born in November, 2013.





Michelle with her family (top);  
Jo-Anne at her gym.

# How you gave new hope to MICHELLE AND JO-ANNE...

*Michelle Weiss-Mess* was glad to leave hospital after a stroke at 46. But back home in Hinton, Alta., population 10,000, she felt increasingly alone. Then her occupational therapist suggested she take part in the first online pilot of the Foundation's Living with Stroke™ program. Logging on weekly from her living room, Michelle loved the modules on depression, physical disability, nutrition and relationships. Equally important, she cherished her conversations with other survivors. "It helped me understand the varying degrees of stroke. Others had issues with being able to eat and talk whereas my struggles were more physical... we helped each other."

Jo-Anne Swanson had made sweeping changes after a heart attack at 44 — leaving her corporate job, quitting smoking and becoming so engrossed in exercise, she bought the gym where she worked out. But still, she found few people understood what she'd been through — or her anxieties about the future. Then she joined the Foundation's Parlons Cœur Outaouais, a new support group in Gatineau, Que., for heart disease survivors and their families. At the monthly sessions she's heard speakers ranging from a dietitian to a cardiologist talk about nutrition, exercise and more. For Jo-Anne, the group is one of the few places where she can talk about recovery and setbacks. "Life is fragile," she says. "Even after eight years, I feel that sometimes we need to be reminded that we should take extra good care of ourselves."

ALSO IN  
**2013**

You **helped more than 600 stroke survivors** and caregivers who participated in our interactive, community-based Living with Stroke program, to develop skills and confidence to manage the challenges of stroke.

You **championed better understanding of stroke recovery** by supporting the Heart and Stroke Foundation Canadian Partnership for Stroke Recovery, the leading research partnership in the world dedicated to rehabilitation and recovery.

Logan with Dr. Adam Kirton.



## YOUR SUPPORT HELPS US PROMOTE RECOVERY

An estimated 1.6 million Canadians live with the effects of heart disease and stroke. We work to enhance support that improves their quality of life and reduces their risk of further health problems.



## *and helped Logan's* DREAM COME TRUE

Eight-year-old Logan came into Dr. Adam Kirton's stroke rehab camp determined to do one thing: hold his lightsabre with two hands. The camp, held in the Alberta Children's Hospital with research funding from the Foundation, helps kids who are recovering from perinatal stroke. Ranging in age from six to 18, participants join in fun activities from sports to cooking to video games, to improve coordination. Each child sets his or her own goal — tying shoes, buttoning a coat, putting hair in a pony tail.

Through the camp, Dr. Kirton is researching the benefits of brain stimulation and mapping brain function to better understand recovery. He's also investigating whether a makeshift cast or sling on the good arm can help the weak arm do better. Over the program's four years, Dr. Kirton has seen a total of 45 participants make progress — many reaching their goals. Plus, he adds, "Often, they've never met another kid with the same disability, so they bond and gain confidence." And Logan? He got that lightsabre swinging.

You **helped get more stroke survivors moving** by supporting the work of researchers like Dr. Jayne Garland of the University of British Columbia, who is using muscle strength rehabilitation to help people regain mobility after stroke.

You **supported pioneering research on cardiac arrest recovery** by Dr. Nora Cullen of the University Health Network. The goal is better care and quality of life for survivors of the estimated 40,000 arrests that occur each year in Canada.



Doug Clement with  
his wife, Diane.

# Thank you to OUR BOARD OF DIRECTORS

With a steady hand and a focus on impact, these leaders steer our course toward the vision of healthy lives free of heart disease and stroke. Coming from diverse communities across Canada, they give generously of their time, expertise and passion for health, exemplifying the dedication of all Heart and Stroke Foundation volunteers.

## FROM OUR CHAIR: *The time is now*

As a physician and a stroke survivor, I'm so encouraged by the programs and resources the Foundation has developed that empower Canadians to take care of their health. Pairing these with our investment in world-class research, we're going to impact Canadian families like never before.

The time is now. There's a stronger emphasis on prevention and lifestyle change that's gaining momentum. I also see lifestyle education and strategic legislation playing more important roles in combatting heart disease and stroke.

With groundwork by the board, we're poised not just to support these movements but to lead them.

— **Doug Clement** CM, MD

**Doug Clement** CM, MD, Chair, Heart and Stroke Foundation of Canada

**Mark Andrews** BComm, JD

**Guy Beaudin** MBA, PhD

**Denis Berthiaume** FCIA, FSA

**Andrew W.W. Cockwell** BA (Hons), LLB

**Barry Cracower** MBA, ICD.D

**Charmaine Crooks** CM

**Amar S. Doman**

**Regis Duffy** CM, OPEI, PhD

**Marc Filion** MBA

**Anthony F. Graham** CM, MD

**Colleen Johnston** FCPA, FCA

**Roderick J. McKay** FCA

**Lisa Meeches**

**Ovide Mercredi** OM, LLB

**Irfhan Rawji** MBA

**Jonathan Ross** BBA, PFP



## FINANCIAL REPORT:

# *How your donations help*

2013 was a year of transition and growth for the Foundation. Your support made possible important successes, such as:

- Bringing together 6,700 health professionals for Canada's first vascular health conference, leading to knowledge exchange that will improve prevention and treatment of heart disease and stroke.
- Advocacy that helped persuade the Alberta and Ontario governments to ban flavoured tobacco products that target youth — reducing their risk of disease.
- Accelerating life-saving discoveries by pledging \$300 million in critical multi-year funding for research at leading institutions.

We logged these milestones despite an environment of change that posed fundraising challenges, and competition that saw our lottery revenues dip slightly.

We made important investments in 2013 that will pay dividends for years

to come. Our new strategic plan lays the groundwork for us to make an even greater impact on the health of Canadians. While our research investment was lower than in 2012 — mostly because of the completion of a one-time government grant of \$7 million — we leveraged our strategic research investment through partnerships to create six times the value, funding more research that will ultimately prevent disease and save lives.

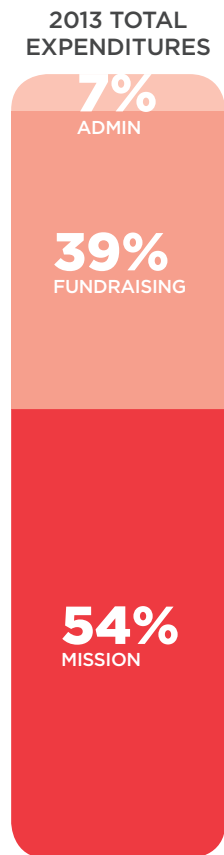
Investing your donations responsibly is integral to who we are. For every dollar we invested, 54 cents went to our mission and we held our administrative costs to just 7 cents. These are distinct from our fundraising costs, which accounted for 39 cents of every dollar. (Fundraising costs exclude the Foundation's lottery operations, which use no donor dollars.)

Every gift, regardless of size, helps us tangibly improve the health of Canadian families every day.



# *Your dollars at work*

## HOW WE INVEST TO CREATE RESULTS



2013 MISSION EXPENDITURES



### MISSION

The Foundation's Mission is divided into:

**Health promotion:** Programs that empower Canadians to reduce their risk of heart disease and stroke, and that support the 1.6 million Canadians living with heart disease and stroke.

**Research:** Direct grants to nearly 1,500 researchers across Canada to advance discoveries that will help prevent disease, save lives and promote recovery.

### FUNDRAISING

Includes community-based fundraising programs, direct response and digital marketing, major gifts and corporate partnerships. Lotteries are not included as they are self-funded and do not use donor dollars.

### ADMINISTRATION

Includes staff and resources that support Foundation operations across Canada.



The Heart and Stroke Foundation is a member of Imagine Canada.™ Imagine Canada sets the standards for charitable organizations in managing and reporting their financial affairs. As a member, the Heart and Stroke Foundation of Canada follows Imagine Canada's ethical guidelines as outlined at [heartandstroke.ca](http://heartandstroke.ca).

# STATEMENT OF FINANCIAL POSITION

FOR THE YEAR ENDED AUG. 31, 2013

## ASSETS

### Current assets

|                           | August 31, 2013<br>(in \$ thousands) | August 31, 2012<br>(in \$ thousands) |
|---------------------------|--------------------------------------|--------------------------------------|
| Cash and cash equivalents | 37,771                               | 66,328                               |
| Accounts receivable       | 4,414                                | 4,686                                |
| Inventory                 | 1,935                                | 1,928                                |
| Prepaid expenses          | 1,363                                | 970                                  |
|                           | 45,483                               | 73,912                               |
| Investments               | 71,399                               | 73,464                               |
| Capital assets            | 4,980                                | 5,528                                |
| Pension asset             | 719                                  | -                                    |
|                           | 122,581                              | 152,904                              |

## LIABILITIES AND NET ASSETS

### Current liabilities

|  |        |        |
|--|--------|--------|
| Accounts payable and accrued liabilities | 13,727 | 14,702 |
| Research awards payable                  | 44,104 | 61,177 |
| Deferred revenue                         | 7,953  | 11,020 |
|  | 65,784 | 86,899 |
| Deferred revenue                         | 7,728  | 4,460  |
| Lease inducement and rent allowances     | 2,291  | 2,474  |
| Pension liability                        | -      | 3,022  |
|  | 75,803 | 96,855 |

### Net assets

|                       |         |         |
|-----------------------|---------|---------|
| Unrestricted          | 7,605   | 8,239   |
| Internally restricted | 35,588  | 44,496  |
| Endowments            | 3,585   | 3,314   |
|                       | 46,778  | 56,049  |
|                       | 122,581 | 152,904 |

# STATEMENT OF OPERATIONS

FOR THE YEAR ENDED AUG. 31, 2013

## REVENUES

Fundraising revenue

Community-based programs

Direct marketing

Corporate sponsorship

Health promotions

Major gifts

Lottery

Government sponsored projects and grants

Investment income

Other

## Total revenues

## DIRECT COSTS

Fundraising

Lottery

Other

## Revenue before operating and mission expenses for the following

Fundraising

Lottery

Government, investment, and other

## OPERATING EXPENDITURES

General fundraising

Administration

## Funds available for mission

## MISSION EXPENDITURES

Research

Health promotion and community programs

## Net expenses for the year

2013  
(in \$ thousands)

2012  
(in \$ thousands)

53,424

56,496

20,548

21,594

9,078

11,925

5,815

7,767

27,176

26,249

116,041

124,031

70,785

75,761

186,826

199,792

7,290

10,512

3,863

4,346

24

494

11,177

15,352

198,003

215,144

21,099

22,938

54,653

52,072

-

490

75,752

75,500

94,942

101,093

16,132

23,689

11,177

14,862

122,251

139,644

33,030

32,869

10,604

6,639

43,634

39,508

78,617

100,136

38,180

50,425

53,269

56,771

91,449

107,196

(12,832)

(7,060)



# OUR PARTNERS: *Committed to caring*

Many of our corporate partners don't just support our cause — they live it, encouraging their staff, customers, competitors and all Canadians to make changes for better heart health. They've become so involved with the Foundation's mission, healthy living has become an integral part of their identity.

For example, **Egg Farmers of Canada** and **Canadian Lentils** are helping us help Canadian families serve up healthier meals in order to lower their risk of heart disease and stroke. The two organizations supported the Foundation's recent national Time to Start campaign, which encourages families to eat healthier breakfasts, lunches and snacks. Thanks to their support, healthy eating info reached almost three million Canadians coast to coast, while 136,000 people entered the contest to win grocery gift cards.

**Boehringer Ingelheim, Bayer HealthCare** and the **Bristol-Myers Squibb/Pfizer Alliance Canada** never missed a beat in supporting the Foundation's national Be Pulse Aware program, aimed at making more Canadians aware of atrial fibrillation (AF). This irregular heart rhythm can raise

someone's risk of stroke by three to five times. With their support, our Be Pulse Aware booth at popular public events educated more than 20,000 people about AF, screening most of them with pulse checks. If an irregular pulse was detected, they were encouraged to see their doctor.

Across Western Canada, **Safeway** and its employees have shown generosity that could fill a shopping cart! Staff got behind its employee giving program and enjoyed friendly competition in Jump Start, a wellness program where employees earned points for demonstrating a healthy, active lifestyle. The Calgary office was the winning team and designated the Heart and Stroke Foundation as the recipient of its top prize of \$20,000. Safeway also carries dozens of products with our Health Check™ symbol.



Canadians learned about atrial fibrillation at our Be Pulse Aware booths.

## OUR PARTNERS:

# *Investing to save more lives*

Our corporate partners want a healthier Canada — and they're investing to build it by supporting our efforts to prevent disease, save lives and help survivors recover faster. The national partners below each gave \$100,000 or more in 2013. The list at right includes all our national partners.



Bristol-Myers Squibb



**CHATELAINE**



**NUTRITION**  
DAIRY FARMERS OF CANADA



Mercedes-Benz  
Corporate Stores



### \$500,000 – \$999,999

Chatelaine  
Unilever Canada Inc.

### \$250,000 – \$499,999

The Cowan Foundation  
Dairy Farmers of Canada  
Desjardins Insurance  
Mercedes-Benz Toronto Corporate Stores

### \$100,000 – \$249,999

Bayer HealthCare  
Boehringer-Ingelheim Canada Ltd.  
Boston Pizza Foundation  
Bristol-Myers Squibb/Pfizer Alliance Canada  
Danone  
Medavie Blue Cross  
Post Shredded Wheat

### \$50,000 – \$99,999

AstraZeneca  
BMO Bank of Montreal  
Canadian Lentils  
CanolaInfo/Canola Council of Canada  
Egg Farmers of Canada  
Goldcorp  
Hamilton Beach Brands Canada, Inc.

National Hockey League Players' Association  
(NHLPA)

Pacific Newspaper Group/Vancouver Sun  
Pfizer Canada Inc.  
The Printing House  
ZOLL Medical Canada Inc.

### \$10,000 – \$49,999

Alberta Innovated Health Solution  
Aviva Canada Inc.  
Campbell Company of Canada  
Canada Safeway Ltd.  
Canada Wide Media/BC Business Magazine  
Canadian Stroke Network  
CanWel Building Materials  
Cargill Limited  
Ches Crosbie Barristers  
Colby Red  
ConAgra Foods Canada Inc.  
Craftsman Collison  
CTV  
Danier Leather Inc.  
Del Monte Canada  
Deloitte & Touche LLP  
Dole Canada  
Extreme Pita  
Fortinos

General Mills Canada Corporation  
Giant Tiger Stores Limited  
Goodlife Fitness Canada  
Laerdal Medical  
Leavitt Machinery  
Lenovo  
Leon's Furniture Limited  
Manitoba Canola Growers Association  
Manitoba Liquor and Lotteries  
Medtronic of Canada Ltd  
New Gold Inc.  
Nortons Jewellers  
Oliveraies Stavropoulos  
The Ontario Produce Marketing Association  
Qualico  
Philips Healthcare  
Precision Drilling Corporation  
Raleigh Canada Ltd.  
RBC Royal Bank  
Scotiabank  
Servier  
Silver Wheaton  
Sporting Life  
Sun-Rype Products Ltd.  
TELUS  
Wynn Fitness Clubs

# THANK YOU TO OUR

## *Caring Hearts Circle*

We are profoundly grateful to all our donors — each person and group who supports our cause. You are all members of our Caring Hearts Circle in recognition of your generosity, which fuels our life-saving work.

### *Lifetime members*

These extraordinary individuals and organizations have given \$25,000 or more cumulatively by Aug. 31, 2013, enabling us to achieve sustained impact.

#### **\$1 million or more**

All Charities Campaign  
Jean Irene Gorwill  
HealthPartners  
Ernest and Lillian Hiller  
The Kolstad Fund at the Calgary Foundation  
Manitoba Hydro Employees Charitable Donations  
Provincial Employees Community Services Fund  
Irfhan Rawji\*  
RBC  
Canada Safeway  
TELUS

#### **\$500,000 – \$999,999**

Andrée Bédard  
Caisse de bienfaisance des employés et des retraités du CN/Canadian National Railway Employee Fund  
Mrs. Elizabeth Ellenor Cunningham Fund  
Arthur Elias  
Federated Insurance  
The Goodman Family Foundation

Government of Canada Workplace Campaign

Alan James Harris  
Colleen and Brian Johnston\*  
David Price Jones  
George H. McKeag Fund  
John Egerton McComb  
Gertrude and LeRoy Rellinger  
Mossie Mary Smart  
Rose Mary Stone  
The Winnipeg Foundation  
Christine Zinck

#### **\$250,000 – \$499,999**

3 D Petroleum Ltd.  
The Paul Albrechtsen Foundation Inc.  
Clara May Andrews  
ATCO Gas  
Boehringer Ingelheim (Canada) Ltd.  
City Of Winnipeg Employees' Retirees' Charitable Fund  
Jean Bernice (Bunny) Cowan  
Olivia Sotto Cruz  
Robert Victor Day  
Amar and Natallie Doman  
Doris Mary Fanshaw  
Elizabeth Beatrice Fulwell  
Chick and Mitch Gurvitz\*  
Hazel Ruth Hatcliffe  
Merle A. Lamb  
Joseph F. Lehman  
Donald and Marjorie Lenz  
Lewis MacDonald Endowment Fund

at the Vancouver Foundation  
Maritime Electric Company Ltd.  
John Matthew  
Catherine and Maxwell Meighen Foundation  
Maurine D. Nowicki  
Pfizer Canada Corporation  
RioCan Real Estate Investment Trust  
Herbert John Ritchie  
Clifton Graham Roberts  
James T. Russel Memorial Fund  
Marguerite Schreiner  
Scotiabank  
Benjamin Frederick Smith  
John Wesley Smyth Memorial Fund  
Herbert Stauffer  
TD Bank Group  
Katie Townsend  
Mabel Treverton  
The University of Manitoba Financial Services  
Ida Wiens  
And one anonymous donor

#### **\$100,000 – \$249,999**

Air Canada Employee Fund  
Airtech Heating & Air Conditioning Ltd.  
Ellen Doris Alford  
Murray Barnes Anderson  
AstraZeneca Canada Incorporated  
Jean-Claude Blanchet\*  
Wilma Edith Blocher Fund  
R.A.N. Bonnycastle

Jacob Bottinga  
Jean-Arthur Bouchard  
Francis Bowers\*  
Christina Hay Bowie, Charlotte Alvis Bowie, Ann Wilson Gibson Memorial Fund  
John and Judy Bragg  
Bristol Aerospace Limited Employee Fund  
Peter A. Campbell  
Canada Wide Media  
Cargill Employee Voluntary Charities Fund  
Peter Collins  
Walter Allan Cope  
Jack Lewis Crain  
Mr. Daljit S. and the late Mrs. Pritam K. Dhillon and Family  
Marjorie Evelyn Duncan  
Barbara Daphne Durno  
Encana Cares Foundation  
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 Canadian First-Aid Training Ltd.  
 Canadian Hospital Specialties  
 Canadian Imperial Bank of  
 Commerce  
 Canadian Internet Registration  
 Authority  
 Canadian Mental Health Association  
 Canadian National Controls Inc.  
 Canadian Online Giving Foundation  
 Canadian Security Traders  
 Association Inc.  
 Canadian Tire Staff Association – PA  
 Canaropa (1954) Inc.  
 CancerCare Manitoba  
 Cando Contracting Ltd.  
 Laura Cannone  
 CanWel Building Materials Division  
 Roderick Capern  
 Capital Oilfield Equipment Inc.  
 Bruce D. Cappel  
 CARA Operations Ltd.  
 Ronald and Wendy Carere  
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 Fraser and Marjorie Carmichael  
*Fernand Caron*  
*Jean-Guy Caron*  
 Carpenters & Allied Workers  
 Carte International Inc.  
 Meredith Cartwright  
 Casa Victoria Fine Dining and  
 Banquet Ltd.  
 Pat Casanave  
 The Caseys  
 Tim Casgrain  
 Cassels Brock & Blackwell LLP  
 Cassidy & Company

Sam Casto  
 Castor & District Community Chest  
 J. Charles Caty  
 Steve Cavanaugh  
 CAW Local 222  
 Centraide du Grand Montréal  
 Central Fairbank Lumber  
 Central Haldimand Charities  
 Central Ontario Building Trades  
 Century 21 Professional Group  
 CGH Hospital Beds  
*Charlotte Chabot*  
 Robert Chafee  
 Raymond Chan  
 Chan Global Enterprises Limited  
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 Lynne Charbonneau and Guy Heywood  
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 Chris Charlebois  
 Borys Chartchenko  
 Chartwell Riverside Retirement  
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 Lee-Anne Chassie  
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 Chau Veggiexpress  
 Cheltenham Volunteer Firefighters  
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 Yin Chun Cheung  
 Agathe Chevette-Baillargeon  
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 Kevin Choquette  
 Janet Chow  
 Barbara Christian  
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 Church Logging Ltd.  
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 CI Capital Partners LLC

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 CIBC Community Investment  
 CIBC Mellon Global Securities  
 Services  
 CIBC Private Investment Counsel Inc.  
 Cini Access  
 Citi Payment Services  
 City of London Charity Chest Fund  
*James Clark*  
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 Daniel Clarke  
 Classical Music Conservatory Inc.  
 Fonds Philanthropique De Thérèse  
 Claude  
 Barrie Clayton  
 Doug and Diane Clement  
 Harold Climenhaga  
 Club Renaissance  
 CN Tower/La Tour CN  
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 Coates Portrait Design  
 Catherine Cockburn  
 Elizabeth Cockburn  
 Co-Edge Sports  
 Doreen Coen  
 Cogsdale Corporation  
 Anthony Cohen  
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 Colliers International  
*Raymond Russell Collins*  
 Collins Barrow Calgary LLP  
 Columbo Classic Spring Scramble  
 Laura Comin  
 Commercial Roll  
 Computer Modelling Group Ltd.  
 Comune Di Fiume Veneto Club  
 Conglom Inc.  
 Caroline Connell  
 Liam Connor  
 Reilly Connor  
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Chris Considine  
 Construction & General Workers' Union  
 Context Research Limited  
 Conviron  
 Doris G. Cooke  
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 Cooper Standard  
 Cooper's Foods  
 Coopers Iron & Metal Inc.  
 Corbeil Four Season Club  
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 Scott and Terry Cornell  
 Wes Cornforth  
 John Corp  
 Patrick and Heather Corsi  
*Pauline Coté Brabant*  
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 Barry and Sandi Cracower  
 David Craig  
 Geoff and Susan Craig  
 Cranbrook & District Community  
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 Crawford & Company (Canada)  
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 Employees  
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 Harold Curry  
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 DA-Integrated  
 Elsie Dalby  
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 Sodabeh Dalil  
 Ennio D'Angela  
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 Esther Beryl English  
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 Filles d'Isabelle – Cercle Mgr Poissant  
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 Randall Findlay  
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 Harold Fleming  
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 Fort Garry Industries  
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 Fortinos (Highway 7 & Ansley)  
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 Foster Agency  
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 Judith Fraser  
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 Fraternal Order of Eagles #2311  
 Fraternal Order of Eagles #2638  
 Fraternal Order of Eagles #2690

Fraternal Order of Eagles #2726  
 Fraternal Order of Eagles #3318  
 Fraternal Order of Eagles Ladies Auxiliary #3318  
 Fraternal Order of Eagles Ladies Auxiliary #4400  
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 Godfrey Roofing Inc.  
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*Jean Cavalle Graviston*  
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 Great Gulf Homes Charitable Foundation  
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 Greek Seniors Citizens Society  
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 Greenvale Equipment Inc.  
 Grizzly Trenching Inc.  
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 Edmund Guest  
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 Fred Gunn  
 Peeyush Gupta  
 Guru Nanak Darbar Sikh Society (PG)  
 James Gutmann  
 GVIC Communications Corp  
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 Grayson Hajash  
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 Harding, Kenton, Lenore Donor's  
 Choice  
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 In memory of Vernie Harper\*  
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 Iain and Lorna Harris  
 Max Harris  
 Larry Harrison and Margaret Kury  
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 Haywood Securities Incorporated  
 HCL Group in memory of Allan Shona  
 Susan Healy  
 Heart & Crown (Preston)  
 Heart Beats  
 Fred Hehewerth  
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 Susie Heintzman  
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 Hugh Helgason  
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 Vancouver Foundation  
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 Ernest Hintz  
 Len and Ethelwyn Hintz  
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 Ashley Ho  
 Charlie Hoard  
 Tim and Lana Hockey  
 Rudi & Sylvia Hoenson Foundation  
 at the Victoria Foundation  
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 Garth and Louise Holmes  
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 Marion V. Holmes  
*Madge Holmes*  
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 Home Hardware Stores Limited  
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 Syd Hopkinson  
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 Horizon Employees Charity Fund  
 Horizon Utilities  
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 In memory of Marie Hutton  
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 In memory of Shahnaz Ibrahim  
 ICBC  
 IMOBO  
 Imperial Oil Foundation  
 Imperial Oil Limited  
 The Indeka Group  
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 Ingredion Canada  
 Innovapost CCE  
 Insurance Brokers Association of Ontario

Intelix Technologies Inc.  
 Interior Savings Credit Union  
 The International Group  
 International Brotherhood of  
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 International Union of Painters &  
 Allied Trades Dis. Council 46  
 Intuit Canada  
 Investors Group Matching Gift  
 Program  
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 Jewish Foundation of Greater  
 Toronto  
 Jim Turner Fine Gems & Jewellery



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Jones Packaging Inc. Employees Association  
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Ian and Sharon Kaiser  
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Hermann Katzer  
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Kelson Group Property Management  
Ken Kidd Memorial Golf Classic  
Kenaidan Contracting Ltd.  
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Kathryn Kennedy  
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R. Timothy Kenny  
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King Group  
Kingsmere Resources Ltd.  
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Kozy Korner Seniors Group  
KPMG  
KPMG Foundation  
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Mr. Donald Kramer and Mrs. Claire Kramer  
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Jason Kroft  
The Kronier Family  
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Mary Kubik  
Valerie Kuipers  
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John Kupskey  
*Willi Winfried Kutzky*  
Harold Kvisle  
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 Lindt & Sprungli  
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 Lions Club Of Oakville  
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 Litens Automotive Partnership  
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 Loblaw  
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 The Logit Group  
 Lohn Foundation  
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London Hydro ECCO  
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Masateru uehara Surefield Limited  
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Top photo: Anna survived cardiac arrest thanks to CPR and an AED.

Middle: An AED at his school helped save Brandon's life.

Bottom: After a stroke, Joe had to relearn how to move and do even the most basic tasks.

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Top photo: After a stroke at 69, Marco regained his active lifestyle through hard work, rehabilitation and support.

Bottom left: April and her son Andrew share a heart condition. She hopes research will make his life easier.

Bottom right: Kristen had successful open-heart surgery at six months; now she's a healthy four-year-old.



# Help create more survivors

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